



DINNER

SOUP DU JOUR

HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION
WITH CHOICE OF DRESSING

FRESH SLICED TOMATO, RED ONION
& BLUE CHEESE

MAIN COURSE

VITAMIN C BOOSTER RAINBOW SALAD

BABY SPINACH, PINE NUTS, RED CABBAGE, RED
QUINOA, RED PEPPER, FRESH ORANGES,
EDAMAME, & POMEGRANATE WITH A LEMON LIME
HONEY DRESSING
CHOICE OF GRILLED CHICKEN, SHRIMP OR
SALMON

SIRLOIN STEAK FRITES

HORSERADISH DIJON SAUCE
WITH VEGETABLE OF THE DAY & FRENCH FRIES

GRILLED TERIYAKI SHRIMP

STIR FRIED VEGETABLES & STEAMED WHITE RICE

LATINA GRILLED CHICKEN BREAST

GREEN CHIMICHURRI SAUCE
SAUTEED PEPPER, ONION
VEGETABLE DU JOUR

VERMONT CHEDDAR BURGER

CHOICE OF: ANGUS STEAKHOUSE BURGER OR
TURKEY BURGER.
WITH ROASTED GARLIC & MAPLE AIOLI
LETTUCE, TOMATO & RED ONION

MAINE LOBSTER RAVIOLI

FRESH ASPARAGUS & GRAPE TOMATO IN A LIGHT
SHERRY WINE SAUCE

SIDES

COLE SLAW
ONION RINGS
SWEET POTATO FRIES
SHOESTRING FRENCH FRIES

WEEK 7

MONDAY THRU SATURDAY
MARCH 27TH TO APRIL 1ST