

# EDGEHILL INDEPENDENT LIVING COMMUNITY

# MARCH 2023

## ACTIVITY CALENDAR

**CALENDAR COLOR KEY:**  
**BLUE** = Activities that are streaming simultaneously on Zoom & in the Laurel Room  
**GREEN** = Activities that occur around the Community  
**ORANGE** = Activities that are on ZOOM ONLY  
**PURPLE** = Activities that are ONLY in the Laurel Room  
**PINK** = Committee Meetings  
**RED** = Activities that are in the card room or Activity Room  
**CALENDAR SUBJECT TO CHANGE**

**To access BLUE & ORANGE events:**  
 Go to Zoom.us, select "Join a Meeting" and enter the Meeting ID # 206 124 1168 about 10 minutes before the event is scheduled to begin, the host will let you in.  
 To dial in by phone, please call 929-436-2866 and enter the Meeting ID 206 124 1168 #

**Contact the Activities Department:**  
**PHONE:**  
**(203) 595-2322**  
**EMAIL:**  
**Mary Camilli-Bernat:**  
 mcamillibernat@benchmarkquality.com  
**Jamal Fowler:**  
 jfowler@benchmarkquality.com

**01 Wednesday**  
 8:30 Water Aerobics w/ Tamara  
 9:30 Stretch w/ Renee- Laurel Rm  
 11:00 Catholic Mass - Laurel Rm  
 1:00 Re-showing of Great Courses- #39-40: (Zoom Only)  
 2:00-3:30 Intermediate Bridge w/ Khalid- Card Room  
 3:30 Beginners Bridge w/ Khalid- Card Room  
 5:30 Main Dining Room - Special Dinner: *March into Spring*  
 7:30 Airborne Jazz Concert – Laurel Room



**02 Thursday**  
 8:30 Water Aerobics w/Tamara  
 9:30 Arthritis Mobility w/ Renee- Laurel Room  
 11:00 Protestant Service: Card Room – New Location  
 1:00 Mahjongg Class w/ Donna - Card Room  
 1:30 Tai Chi – Laurel Rm  
 2:30 Meditation – Billiard Room  
 3:00 Trivia Hour – Parlor - NEW  
 4:00 Mark Albertson – Alice Paul : *Suffragette* - Laurel Rm  
 7:00 Poker Night- Card Room  
 7:30 Movie Night- Laurel Room

**03 Friday**  
 8:30 Water Aerobics w/ Tamara in the Pool  
 9:30 Stretch w/Renee- Laurel rm  
 2:00 Shabbat – Card Rm  
 3:30 Art Discussion with Helane Rheingold – Laurel Room  
 4:30 Happy Hour w/ Larry Batter - Living Room



**04 Saturday**  
 9:30 AM Cardio & Agility w/ Renee-Laurel Rm  
 2:00 BINGO! – Activity Room  
 3:00 Movie Showing – Laurel Room



**05 Sunday**  
 2:00 Movie Showing: Laurel Room  
 2:20 *Bus leaves for Stamford Symphony "Nature's Light Performance"* – pre purchased ticket holders only – sign up required



**06 Monday**  
 Purim starts at Sundown  
 8:30 Water Aerobics w/ Tamara in the Pool  
 9:30 Sit & Tone w/ Renee Laurel Room  
 11:00 Seamstress Service- Activity Rm  
 1:00 Play Rummikub!- Card Rm  
 1:30 Open Game Play-Card Rm  
 2:00 Documentary – Laurel Rm  
 4:00 Ambassador Niles: *Lecture on International Current Events* – Zoom & Laurel

**07 Tuesday**  
 8:30 Water Aerobics w/ Tamara in the Pool  
 9:30 Chair Pilates w/ Tamara Laurel Room  
 11:15 Yoga Therapeutics w/ Brooke- Laurel Room  
 11:15 Shopping Trip Max 6 Sign-up Required  
 1:00 Great Courses- #41-42: Zoom & Laurel Room  
 1:30 Hearts Club– Card Room  
 2:00 RMA Video – "Julliard, Past Present & Future" – Laurel Rm  
 4:00 Purim Concert w/ Jonathan Cahr & Rabbi Cohen – Laurel Room  
 4:00 Bible Study – Cydney Van Dyke Matthew 22: 1-14 – Card Room  
 7:30 Movie Night- Laurel Room

**08 Wednesday**  
 8:30 Water Aerobics w/ Tamara  
 9:30 Stretch w/ Renee- Laurel Rm  
 11:00 Catholic Mass (Laurel Rm)  
 11:00 Activities Committee – Activity Room  
 12:00 Health Committee- Laurel  
 1:00 Re-showing of Great Courses #41 – 42 (Zoom Only)  
 1:00 Library Committee- Library  
 2:00 Grace Notes Acapella Performance -Laurel Rm  
 2:00 Food Committee- Dining Rm  
 2:00-3:30 Intermediate Bridge w/ Khalid- Card Room  
 3:15 Grounds Committee-The Pub  
 3:30 Beginners Bridge w/ Khalid- Card Room  
 4:00 – Art Gottlieb – *Brooklyn Bridge* Laurel Rm  
 5:00 Pub Night in the Pub Area  
 7:30-Conroy Caribbean Band – Laurel Room

**09 Thursday**  
 8:30 Water Aerobics w/ Tamara  
 9:30 Arthritis Mobility w/ Tamara- Laurel Ro  
 11:00 Movie Committee Meet  
 11:00 Protestant Service Card Room- New Location  
 1:30 *Bus Trip to Greenwich Avenue and Parts East w/ Mrs. Hopkins* – sign up required.  
 1:00 Mahjongg w/Donna Holt – Card Room  
 1:30 Tai Chi – Laurel Rm  
 2:30 Meditation - Billiard Room  
 2:30 – Professor Schulster – *Bizet's Carmen* – Laurel Room  
 4:00- Brooke – *Mind/Body Connection Presentation:* - Laurel Room - NEW  
 5:00 – 5:30 Old Favorites Singalong – Living Rm - NEW  
 7:00 Poker Night- Card Room  
 7:30 Movie Night- Laurel Room

**10 Friday**  
 8:30 Water Aerobics w/ Tamara  
 9:30 Sit & Tone w/ Renee- Laurel Rm  
 12:00 New Resident Luncheon – Main Dining Room  
 2:00 John Hunt: *Piano concert Broadway Show Tunes-* Laurel  
 3:30 Russell Jones – *Orchestra Lumos – Stamford Symphony 2023-2024 Performance year Highlights*  
 4:30 Happy Hour with John Goldschmidt – Living Room



**11 Saturday**  
**DAYLIGHT SAVINGS**  
 9:30 AM Cardio & Agility w/ Renee - Laurel Rm  
 1:45 Opera Showing- *Bizet's Carmen* - Laurel Room  
 7:30 Guitarist Mike Godette Performance – Laurel Room



12 **Sunday**  
2:00 Movie Showing – Laurel Room



13 **Monday**  
8:30 Water Aerobics w/ Tamara in the Pool  
9:30 Sit & Tone w/ Renee – Laurel Room  
9:45 Executive Committee Meeting – Board Rm  
11:00 Social Action Committee Meeting- Card Room  
11:00 Seamstress Service- Activity Room  
1:00 Rummikub- Card Rm  
1:30 Open Game Play – Card  
2:00 Documentary – Laurel Rm  
4:00 Short Stories w Carroll Stenson: “The Widow’s son” by Mary Laviin (Zoom Only)

14 **Tuesday**  
8:30 Water Aerobics w/Tamara  
9:30 Chair Pilates w/ Tamara Laurel Room  
11:00 Welcoming Committee- Card Room  
11:15 Yoga w/ Brooke-Laurel  
11:15 Shopping Trip Sign-up  
1:30 Hearts Club – Card Room  
1:00 Great Courses - #43-44 Zoom & Laurel  
2:30 Carolyn Fisher – Competitive Flower Arranging  
3:30 Great Decisions – Iran at a Crossroads – Ambassador Niles – Laurel Rm  
5:00 Merry March Mixer – Invitation only - Living Rm  
7:30 Movie Night- Laurel Room

15 **Wednesday**  
8:30 Water Aerobics w/ Tamara  
9:30 Stretch w/ Renee- Laurel Rm  
11:00 Catholic Mass (Laurel Rm)  
1:00 Re-showing of Great Courses- #43-44: (Zoom Only)  
2:00-3:30 Intermediate Bridge Class – Card Rm  
3:30 Beginners Bridge- Card Rm  
2:30 Serena O'Brien Nutrition & Eating Fresh w/ Chef – Go Green on St Patrick’s day – Why you need to eat your greens - Laurel  
4:00 – John Touhy – The Crooners Part 1 – Bing, Dean, Mel & Beyond -Laurel Rm  
5:00 Pub night in the Pub  
7:30 Bonnie Rapp Performance – Laurel Rm

16 **Thursday**  
8:30 Water Aerobics w/ Tamara  
9:30 Arthritis Mobility Class- Laurel Room  
11:00 Protestant Service: Card Room – New Location  
11:00 – 1:30 Krikor Jewelry Repair – Activity Rm  
1:00 Mahjongg Class w/ Donna Holt- Card Rm  
2:30 Meditation- Billiard Rm  
4:00– Lynn Academy: Irish Dancers Performance- Laurel Room  
7:00 Poker Night- Card Room  
7:30 Movie Night- Laurel Room

17 **Friday**  
**St Patrick’s Day**  
8:30 Water Aerobics w/ Tamara  
9:30 Sit & Tone w/ Renee Laurel Room  
2:00 Shabbat – Card Room  
3:00 Conversation on Art w/ Helane Rheingold– Laurel Rm  
4:00 Happy Hour with Larry Batter - Living Room

18 **Saturday**  
9:30 AM Cardio & Agility w/ Renee - Laurel Rm  
1:00 – 2:30 Edgehill Mob Concert Performance – Laurel Rm  
3:00 Movie Showing- Laurel Room

19 **Sunday**  
2:00 Movie Showing: Laurel Room  
1:30 Bus Leaves for Curtain Call Performance of “The Wisdom of Eve”– Pre purchased ticket holders only - Sign up required.

20 **Monday**  
8:30 Water Aerobics w/ Tamara  
9:30 Sit & Tone Renee - Laurel  
9:45 Resident Council Meeting Meeting – Laurel/Zoom  
11:00 Seamstress Service - Activity Room  
11:30 Exercise Video - Laurel Rm  
1:00 Rummikub - Card  
1:30 Open Game Play- Card Room max 6  
2:00 Documentary - Laurel Rm  
4:00 Ambassador Niles – Lecture on International Current Events – Zoom & Laurel Rm

21 **Tuesday**  
8:30 Water Aerobics w/Tamara  
10:00 B Smith – Clothing Vendor  
9:30 Chair Pilates w/ Tamara Laurel Room  
11:00 Legislative Committee – Card Room  
11:15 Yoga w/ Brooke-Laurel Rm  
11:15 Shopping Trip Max 6  
1:00 Great Courses - #45 - 46 Zoom & Laurel Room  
1:30 Hearts Club – Card Rm  
2:30 Jim Levy – Harmonious Governance of China – Laurel Rm  
4:00 Robert Henrey – Laurel Rm  
5:45 Tales & Memories- Private Dining Room Sign-up Required  
7:30 Movie Night- Laurel Rm

22 **Wednesday**  
**Start of Ramadan**  
8:30 Water Aerobics w/ Tamara  
9:30 Stretch w/ Renee- Laurel Rm  
11:00 Catholic Mass (Laurel Rm)  
12:00 Re-Showing of Great Courses # 45-46- (Zoom Only)  
12:00 Resident Birthday Lunch – Main dining room; Invitation Only  
2:00 Intermediate Bridge-Card Rm  
3:30 Beginner Bridge Class- card  
4:00 In Tempo CONCERT – Laurel Room  
5:00 Pub Night in the Pub Area  
7:30 Patty Carver –American Heroines - Laurel Room

23 **Thursday**  
8:30 Water Aerobics w/ Tamara  
9:30 Arthritis Mobility Class- Laurel Room  
11:00 Protestant Service: Card Room – New Location  
11:15 Bus Leaves for Play with Your Food – Sign up required – pre-purchased ticket holders.  
1:00 Mahjongg Class w/ Donna Holt- Card Rm  
1:00 Caldwell Wheelchair & Walker Repair – Garden Level  
2:30 Meditation - Billiard Room  
2:30 Nicole Wang- Living Room  
7:00 Poker Night- Card Room  
7:30 Movie Night- CANCELLED

24 **Friday**  
8:30 Water Aerobics w/Tamara  
9:30 Sit & Tone w/ Renee Laurel Room  
2:30 Marc Jaffee – Children’s Learning Center – Laurel Rm  
3:30 RMA video- “Stuart Malina – Dvorak Elgar & the Future of the Greenwich Symphony”  
4:30 Happy Hour w/ John Goldschmid - Living Room

25 **Saturday**  
9:30 AM Cardio & Agility w/ Renee Laurel rm  
2:00 Bingo – Activity Room  
3:00 Movie Showing- Laurel Room  
7:30 Flute & Harpsicord Concert – Richard Wyton & Jon Karghol – Laurel Room

26 **Sunday**  
2:00 Movie Showing: Laurel Room



27 **Monday**  
8:30 Water Aerobics w/ Tamara in the Pool  
9:30 Sit & Tone w/ Renee- Laurel Room  
11:00 Seamstress Service- Activity Room  
1:00 Rummikub – Card Room  
1:30 Open Game Play- Card Room  
2:30 Short stories w/Carroll Stenson – “The Lottery” by Shirley Jackson - Zoom only.  
4:00 Town Hall Meeting- Zoom & Laurel Room

28 **Tuesday**  
8:30 Water Aerobics w/Tamara  
9:30 Chair Pilates w/ Tamara  
11:15 Yoga w/ Brooke- Laurel  
11:15 Shopping Trip Max 6-Sign up  
1:00 Great Courses- #47 - 48 Zoom & Laurel  
1:30 Hearts Club – Card Rm  
2:30 Resident Panel; Caregivers in Dementia – Health Committee - Laurel Rm  
4:00 – Bible Study – Matthew 21: 1-17 - Card Room  
7:30 Movie Night- Laurel Room

29 **Wednesday**  
8:30 Water Aerobics w/Tamara  
9:30 Stretch w/ Renee \_ Laurel Rm  
11:00 Catholic Mass – Laurel Rm  
1:00 Re-showing of Great Courses- #47-48: (Zoom Only)  
2:00 Intermediate Bridge Class – Card Rm  
2:30 Filling in the Blanks – Stop Childhood Hunger -Laurel Rm  
3:30 Beginner Bridge – Card Rm  
4:00 John Touhy -The Crooners Pt. 2: Sammy, & Bobby- Laurel rm  
5:00 Pub night in the Pub Area  
7:30 The Cartell’s Jazz concert

30 **Thursday**  
8:30 Water Aerobics w/ Tamara  
9:30 Arthritis Mobility Class – Laurel  
11:00 Protestant Service – Card Room – New Location  
1:30 Bus trip to Greenwich points West w/ Mrs. Hopkins – sign up required – max 12  
1:00 Mahjongg w/ Donna Holt-  
2:30 Meditation w/ Brooke – Billiard Room  
2:30 Rehab presentation – Laurel Room  
4:00 Virginia Hettinger- US Constitution - Laurel Rm  
7:00 Poker Night – Card Rm  
7:30 Movie Night – Laurel Rm

31 **Friday**  
8:30 Water Aerobics w/ Tamara  
9:30 Sit & tone w/ Renee – Laurel  
2:00 Conversations on Art w/ Helane Rheingold – Laurel Rm  
3:30 Art Gottlieb –The Chrysler Building - Laurel Rm  
4:30 Happy Hour with Larry Batter – Living Rm

