


Edgehill Independent Living Community

September 2023

Monthly Activity Calendar

<p>CALENDAR COLOR KEY:</p> <p>BLUE = Activities that are streaming simultaneously on Zoom & in the Laurel Room</p> <p>GREEN = Activities that occur around the Community</p> <p>RED = ONLY in the card room</p> <p>PURPLE = ONLY in the Laurel Room</p> <p>ORANGE = ONLY on Zoom</p> <p>PINK = Committee Meetings</p>	<p>To access BLUE & ORANGE events:</p> <p>Go to Zoom.us, select "Join a Meeting" Enter the Meeting ID # 206 124 1168 about 10 minutes before the event, the host will let you in.</p> <p>To dial in by phone, call 929-436-2866 and enter the Meeting ID 206 124 1168 #</p>	<p>Activities Department</p> <p>Phone (203) 595-2322</p> <p>Email Leslie Harrison LHarrison@benchmarkquality.com</p> <p>Jocelyn Alfieri JAlfieri@benchmarkquality.com</p> <p>Jamal Fowler jfowler@benchmarkquality.com</p> <p>(e-mail is the best way to contact)</p>	<p>CALENDAR SUBJECT TO CHANGE</p>		<p>1 FRIDAY</p> <p>11:00 EXERCISE VIDEO</p> <p>11:30 BEACH TRIP</p> <p>11:00 DECOUPAGE POT AND SUCCULENT PLANTING- ACTIVITY RM</p> <p>2:00 RE-SHOWING OF "Unknown: The Lost Pyramid" -LAUREL RM</p> <p>4:00 HAPPY HOUR w/ LARRY BATTER- LIING RM</p>	<p>02 SATURDAY</p> <p>11:00 EXERCISE VIDEO</p> <p>1:30 BINGO - ACTIVITY RM</p> <p>2:00 BIBLE STUDY W/ CAROLYN FISHER - "Gospel of John"- CARD RM</p> <p>3:00 MOVIES -LAUREL RM</p>
<p>03 SUNDAY</p> <p>2:00 MOVIE MATINEE- LAUREL RM</p>	<p>4 MONDAY</p> <p style="text-align: center;"></p> <p>9:30 EXERCISE VIDEO</p> <p>11:00 LABOR DAY BRUNCH</p> <p>1:00 LABOR DAY BRUNCH</p> <p>1:00 RUMMIKUB - CARD RM</p> <p>1:30 OPEN GAME- CARD RM</p> <p>4:00 NICOLE WANG PIANO CONCERT- LAUREL RM</p>	<p>05 TUESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA</p> <p>9:30 CHAIR PILATES w/ TAMARA - LAUREL RM</p> <p>11:15 SHOPPING TRIP Max 6</p> <p>11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM</p> <p>1:00 GREAT COURSES- TURNING POINTS IN AMERICAN HISTORY- #43 & 44- LAUREL RM/ ZOOM</p> <p>1:00 HEARTS CLUB- CARD RM</p> <p>2:00 JOHN TOUHY LAUREL RM</p> <p>4:00 AMBASSADOR NILES- LECTURE ON INTERNATIONAL CURRENT EVENTS - LAUREL RM / ZOOM</p> <p>7:30 MOVIE - LAUREL RM</p>	<p>06 WEDNESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA</p> <p>9:30 STRETCH WITH RENEE- LAUREL RM</p> <p>11:00 CATHOLIC MASS - LAUREL RM</p> <p>12:00 RE-SHOWING OF GREAT COURSES #43 & #44 ZOOM</p> <p>2:00 INTERMEDIATE BRIDGE - CARD RM</p> <p>2:00 RMA FILM- STAMFORD'S EXCITING FUTURE- LAUREL RM</p> <p>3:00 AFTERNOON TEA- GARDEN GRILLE</p> <p>3:30 BEGINNERS BRIDGE - CARD RM</p> <p>4:00 BOB SCROFANI OPERA LECTURE- "TOSCA" LAUREL RM</p> <p>5:00 PUB NIGHT - PUB</p> <p>7:30 BONNIE RAPP MUSIC LAUREL RM</p>	<p>07 THURSDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA</p> <p>9:30 ARTHRITIS MOBILITY w/ TAMARA - LAUREL RM</p> <p>10:30 TECH CLASS-TECH SUITE</p> <p>11:00 PROTESTANT SERVICE- CARD RM</p> <p>12:00 FRESHMAN ORIENTATION - LAUREL RM</p> <p>1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM</p> <p>1:30 TECH CLASS-TECH SUITE</p> <p>2:30 MEDITATION- BOARD RM</p> <p>2:30 BOCCCE BALL - COURTYARD</p> <p>4:00 IRENE SUDAK- ALZEIMER'S LECTURE- LAUREL RM</p> <p>7:00 POKER NIGHT- CARD RM</p> <p>7:30 MOVIE NIGHT LAUREL RM</p>	<p>08 FRIDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA</p> <p>9:30 SIT & TONE w/ RENEE - LAUREL RM</p> <p>11:30 BEACH TRIP</p> <p>2:00 SHABBAT - CARD RM</p> <p>3:00 DISCUSSIONS ON ART WITH HELANE RHEINGOLD LAUREL RM</p> <p>4:00 HAPPY HOUR w/ JOHN GOLDSCHMIDT - LIVING RM</p>	<p>09 SATURDAY</p> <p>11:00 CARDIO & AGILITY w/ RENEE - LAUREL RM</p> <p>1:45 OPERA SHOWING- TOSCA- LAUREL RM</p> <p>2:00 BINGO - ACTIVITY RM</p> <p>7:30 EDGEHILL MOB- LAUREL RM</p>

<p>10 SUNDAY</p> <p>2:00 MOVIE MATINEE- LAUREL RM</p>	<p>11 MONDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 SIT & TONE w/ RENEE- LAUREL RM 9:45 EXECUTIVE COMMITTEE- BOARD RM 11:00 SOCIAL ACTION COMMITTEE- CARD RM 11:00 SEAMSTRESS SERVICE - ACTIVITIES RM 1:00 RUMMIKUB - CARD RM 1:30 OPEN PLAY- CARD RM 2:00 DOCUMENTARY — LAUREL RM 2:30 SHORT STORIES w/ CARROLL STENSON- ZOOM 3:00 ICE CREAM SOCIAL — GARDEN GRILL</p>	<p>12 TUESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 11:00 WELCOMING COMMITTEE — CARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM 1:00 GREAT COURSES- TURNING POINTS IN AMERICAN HISTORY- #45 & #46 ZOOM ONLY 1:00 HEARTS CLUB- CARD RM 2:30 THE FAMILY STORE STARRING LUBA WEINROTH — LAUREL RM 3:00 CARD RM—BIBLE STUDY 7:30 MOVIE - LAUREL RM</p>	<p>13 WEDNESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 STRETCH WITH RENEE- LAUREL RM 11:00 CATHOLIC MASS - LAUREL RM 11:00 ACTIVITIES COMMITTEE ACTIVITYIES RM 12:00 HEALTH COMMITTEE- LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #45 & #46- ZOOM 1:00 F&B COMMITTEE-CARD RM 1:00 LIBRARY COMMITTEE— LIBRARY 2:00 INTERMEDIATE BRIDGE — CARD RM 2:00 ART w/ HOLLY ACTIVITY RM 3:00 AFTERNOON TEA — GARDEN GRILLE 3:00 FERGUSON BOOKMOBILE 4:00 DARBY CARTUN MUSEUM COMES TO YOU- LAUREL RM 3:30 BEGINNERS BRIDGE — CARD RM 5:00 PUB NIGHT - PUB</p>	<p>14 THURSDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 ARTHRITIS MOBILITY w/ TAMARA - LAUREL RM 10:30 TECH CLASS-TECH SUITE 11:00 PROTESTANT SERVICE- CARD RM 1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM 1:30 TECH CLASS-TECH SUITE 1:30 TAI CHI - PARLOR 2:00 JIM CLARK—LAUREL RM 2:30 MEDITATION -BOARD RM 2:30 BOCCE BALL - COURTYARD 4:00 LEGISLATIVE LECTURE LAUREL RM 7:00 POKER NIGHT- CARD RM 7:30 MOVIE NIGHT—LAUREL RM</p>	<p>15 FRIDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 EXERCISE VIDEO- LAUREL RM 10:00 COASTAL HEARING — Dr. Office by Appt. only 11:30 BEACH TRIP 2:00 JANICE FRIEDMAN— LAUREL RM 4:00 HAPPY HOUR w/ LARRY BATTER — LIVING RM</p>	<p>16 SATURDAY</p> <p>9:15 EXERCISE VIDEO 1:30 BINGO - ACTIVITY RM 2:00 BIBLE STUDY W/ CAROLYN FISHER - “Gospel of John”- CARD RM 3:00 MOVIE SHOWING — LAUREL RM</p>
<p>17 SUNDAY</p> <p>2:00 MOVIE MATINEE- LAUREL RM</p>	<p>18 MONDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:45 LAUREL RM- RESIDENT COUNCIL 11:00 SEAMSTRESS SERVICE - ACTIVITIES RM 11:30 LAUREL RM— EXERCISE VIDEO 1:00 RUMMIKUB - CARD RM 1:30 OPEN GAME PLAY- CARD RM 2:00 PBS PRESENTATION- LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILL 4:00 AMBASSADOR NILES- LECTURE ON INTERNATIONAL CURRENT EVENTS — LAUREL RM / ZOOM</p>	<p>19 TUESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:00 BEA SMITH CLOTHING- LIVING RM 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 11:00 LEGISLATIVE COMMITTEE — CARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM 1:00 GREAT COURSES- TURNING POINTS IN AMERICAN HISTORY- #47 & #48 - LAUREL RM/ ZOOM 1:00 HEARTS CLUB- CARD RM 2:30 ALDRICH MUSEUM PRESENTATION— LAUREL RM 5:45 CONVERSATION TABLE- PRIVATE DINING RM 7:30 MOVIE - LAUREL RM</p>	<p>20 WEDNESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 STRETCH WITH RENEE- LAUREL RM 11:00 CATHOLIC MASS - LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #47 & #48 - ZOOM 2:00 JOHN TOUHY-LAUREL RM 2:00 INTERMEDIATE BRIDGE — CARD RM 3:00 AFTERNOON TEA- GARDEN GRILLE 3:30 BEGINNERS BRIDGE — CARD RM 4:00 TRIVIA CHALLENGE— LAUREL RM 5:00 PUB NIGHT - PUB</p>	<p>21 THURSDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 ARTHRITIS MOBILITY WITH TAMARA— LAUREL RM 10:30 TECH CLASS-TECH SUITE 11:00 PROTESTANT SERVICE- CARD RM 11:00 MOVIE COMMITTEE- ACTIVITY RM 11:00 KRICKOR- JEWELRY REPAIR- Parlor 1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM 1:30 TECH CLASS-TECH SUITE 2:30 BOCCE BALL - COURTYARD 7:00 POKER NIGHT — CARD RM 7:30 MOVIE — LAUREL RM</p>	<p>22 FRIDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 SIT & TONE WITH RENEE LAUREL RM 11:30 BEACH TRIP 2:00 SHABBAT- CARD RM 4:00 HAPPY HOUR WITH JOHN GOLDSCHMIDT — LIVING RM 7:30 PIANIST CELEBRATION OF AUTUMN DINNER — LAUREL RM</p>	<p>23 SATURDAY</p> <p>9:15 Cardio & Agility w/Renee 1:30 BINGO - ACTIVITY RM 3:00 MOVIE SHOWING — LAUREL RM 7:30 BARITONE SINGER AND PIANIST —LAUREL RM</p>
<p>24 SUNDAY</p> <p>2:00 MOVIE MATINEE- LAUREL RM</p>	<p>25 MONDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 SIT & TONE w/ RENEE- LAUREL RM 11:00 SEAMSTRESS SERVICE- ACTIVITY RM 1:00 RUMMIKUB - CARD RM 1:30 OPEN GAME PLAY- CARD 2:00 DOCUMENTARY - LAUREL 3:00 ICE CREAM SOCIAL — GARDEN GRILL 4:00 LAUREL RM- TOWN HALL</p>	<p>26 TUESDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM 1:00 GREAT COURSES- WORLD HERITAGE SITES, EXPLORING THE WORLDS GREATEST PLACES 1 & 2- LAUREL RM/ ZOOM 1:00 HEARTS CLUB- CARD RM 3:00 CARD RM—BIBLE STUDY 4:00 KIM ESTES HEALTH LECTURE—LAUREL RM 7:30 MOVIE - LAUREL RM</p>	<p>27 WEDNESDAY</p> <p>8:30 WATER AEROBICS 9:30 STRETCH WITH RENEE- LAUREL RM 11:00 CATHOLIC MASS - LAUREL RM 1:30 TAI CHI - PARLOR 2:00 RE-SHOWING OF GREAT COURSES -#1 & #2 ZOOM 2:00 INTERMEDIATE BRIDGE — CARD RM 2:00 LAUREL RM — GREAT DECISIONS- Economic Warfare 3:00 AFTERNOON TEA-GARDEN GRILLE 3:00 FERGUSON BOOKMOBILE 3:30 BEGINNERS BRIDGE— CARD RM 4:00 DARBY CARTUN-MUSEUM COMES TO YOU — LAUREL RM 5:00 PUB NIGHT - PUB</p>	<p>28 THURSDAY</p> <p>8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY w/ TAMARA — LAUREL RM 10:30 TECH CLASS-TECH SUITE 11:00 PROTESTANT SERVICE- CARD RM 1:00 MAHJONG — CARD RM 1:30 TECH CLASS-TECH SUITE 1:00 WHEELCHAIR/WALKER CLINIC- GARDEN LEVEL 2:30 MEDITATION- BOARD RM 2:30 BOCCE BALL- COURTYARD 4:00 KRISTIN CUSADO — ALZHEIMERS CARE GIVING TALK — LAUREL RM 7:00 POKER NIGHT — CARD RM 7:30 MOVIE — LAUREL RM</p>	<p>29 FRIDAY</p> <p>8:30 WATER AEROBICS w/ TAMARA 9:30 SIT & TONE w/ RENEE - LAUREL RM 11:30 BEACH TRIP 3:00 DISCUSSIONS ON ART WITH HELANE RHEINGOLD LAUREL RM 4:00 HAPPY HOUR w/ LARRY BATTER — LIVING RM</p>	<p>30 SATURDAY</p> <p>9:15 Cardio & Agility w/Renee 1:30 BINGO - ACTIVITY RM 2:00 BIBLE STUDY W/ CAROLYN FISHER - “Gospel of John”- CARD RM 3:00 MOVIE SHOWING — LAUREL RM 7:30 PIANIST—LAUREL RM</p>