

# Edgehill Independent Living Community

## October 2023

### Monthly Activity Calendar

01 SUNDAY	02 MONDAY	03 TUESDAY	4 WEDNESDAY	5 THURSDAY	06 FRIDAY	07 SATURDAY
<p>— Donor Only Activity — Alzheimer's Association Event</p> <p>4:00 PM Play with Your Food — Laurel Room</p> <p>5:30 PM Dinner — Open Seating, in the Dining Room</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 SIT &amp; TONE w/ RENEE- LAUREL RM</p> <p><del>11:00 SEAMSTRESS— CANCELLED</del></p> <p>1:00 RUMMIKUB - CARD RM</p> <p>1:30 OPEN PLAY- CARD RM</p> <p>2:00 DOCUMENTARY — LAUREL RM</p> <p>3:00 ICE CREAM SOCIAL — GARDEN GRILL</p> <p>4:00 AMBASSADOR NILES- LECTURE LAUREL RM / ZOOM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 CHAIR PILATES w/ TAMARA — LAUREL RM</p> <p>10:30 TECH CLASS-TECH SUITE—sign-up required</p> <p>11:15 SHOPPING TRIP Max 6</p> <p>11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM</p> <p>1:00 GREAT COURSES- World Heritage Sites-#3— 4 LAUREL RM/ ZOOM</p> <p>1:00 HEARTS CLUB- CARD RM</p> <p>1:30 TECH CLASS-TECH SUITE Sign-up required</p> <p>4:00 HEALTH COMMITTEE PANEL ON PRIVATE AIDES— LAUREL RM</p> <p>5:00 BLOCK PARTY INVITE ONLY—LIVING RM</p> <p>7:30 MOVIE - LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:00 FLU SHOT CLINIC— CARD RM — sign-up required</p> <p>9:30 STRETCH WITH RENEE- LAUREL RM</p> <p>11:00 CATHOLIC MASS - LAUREL RM</p> <p>12:00 RE-SHOWING OF GREAT COURSES #3—4 — ZOOM</p> <p>2:00 INTERMEDIATE BRIDGE — CARD RM</p> <p>3:00 AFTERNOON TEA — GARDEN GRILLE</p> <p>3:30 BEGINNERS BRIDGE — CARD RM</p> <p>4:00 LEGISLATIVE SPEAKER CHRIS SHAYS—LAUREL RM</p> <p>5:00 PUB NIGHT - PUB</p> <p>7:30 JAMES MICHAEL MUSIC— LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 ARTHRITIS MOBILITY w/ TAMARA - LAUREL RM</p> <p>10:30 TECH CLASS-TECH SUITE—sign-up required</p> <p>11:00 PROTESTANT SERVICE- CARD RM</p> <p>12:00 FRESHMAN ORIENTATION - LAUREL RM</p> <p>1:00 MAHJONG CLASS- CARD RM</p> <p>1:30 TECH CLASS-TECH SUITE Sign-up required</p> <p>2:30 MEDITATION- BOARD RM</p> <p>3:00 TRIVIA — PARLOR</p> <p>4:00 DARBY CARTUN MUSEUM COMES TO YOU- LAUREL RM</p> <p>7:00 POKER NIGHT- CARD RM</p> <p>7:30 MOVIE NIGHT- LAUREL</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 LAUREL RM — EXERCISE VIDEO</p> <p>11:00 JACK O LANTERN POT PAINTING—ACTIVITY RM Sign-up required</p> <p>2:00 SHABBAT—CARD RM</p> <p>4:00 OCTOBERFEST HAPPY HOUR with John Goldschmidt LIVING RM</p>	<p>9:15 EXERCISE VIDEO</p> <p>1:30 BINGO - ACTIVITY RM</p> <p>2:00 BIBLE STUDY W/ CAROLYN FISHER - “Gospel of John”- CARD RM</p> <p>3:00 MOVIE -LAUREL RM</p>
08 SUNDAY	9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY	14 SATURDAY
<p>8:30 AM — Walk to End Alzheimer's Bus leaves for Calf Pasture Beach</p> <p>2:00 MOVIE MATINEE- LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 SIT &amp; TONE w/ RENEE- LAUREL RM</p> <p>9:45 EXECUTIVE COMMITTEE BOARD RM</p> <p><del>11:00 SEAMSTRESS— CANCELLED</del></p> <p>11:00 SOCIAL ACTION COMMITTEE- CARD RM</p> <p>1:00 RUMMIKUB - CARD RM</p> <p>1:30 OPEN PLAY- CARD RM</p> <p>2:00 DOCUMENTARY — LAUREL RM</p> <p>2:30 SHORT STORIES w/ CARROLL STENSON- ZOOM</p> <p>3:00 ICE CREAM SOCIAL — GARDEN GRILL</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 CHAIR PILATES w/ TAMARA — LAUREL RM</p> <p>10:30 TECH CLASS-TECH SUITE—sign-up required</p> <p>11:00 WELCOMING COMMITTEE— CARD RM</p> <p>11:15 SHOPPING TRIP Max 6</p> <p>11:15 YOGA THERAPEUTICS w/ BROOKE- LAUREL RM</p> <p>1:00 GREAT COURSES- World Heritage Sites-#5— 6 LAUREL RM/ ZOOM</p> <p>1:00 HEARTS CLUB- CARD RM</p> <p>1:30 TECH CLASS-TECH SUITE Sign-up required</p> <p>3:00 BIBLE STUDY -CARD ROOM</p> <p>7:30 MOVIE - LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 STRETCH WITH RENEE- LAUREL RM</p> <p>10:30 SING ALONG-LIVING RM</p> <p>11:00 ACTIVITIES COMMITTEE ACTIVITY RM</p> <p>11:00 CATHOLIC MASS - LAUREL RM</p> <p>12:00 HEALTH COMMITTEE- LAUREL RM</p> <p>12:00 RE-SHOWING OF GREAT COURSES #5 — 6—ZOOM</p> <p>1:00 F&amp;B COMMITTEE-CARD</p> <p>1:00 LIBRARY COMMITTEE— LIBRARY</p> <p>2:00 INTERMEDIATE BRIDGE — CARD RM</p> <p>3:00 AFTERNOON TEA- GARDEN GRILLE</p> <p>3:00 HOUSE COMMITTEE —</p> <p>3:15 GROUNDS COMMITTEE-PUB</p> <p>3:30 BEGINNERS BRIDGE — CARD RM</p> <p>3:00 FERGUSON BOOKMOBILE FRONT ENTRANCE</p> <p>4:00 DARBY CARTUN MUSEUM COMES TO YOU- LAUREL RM</p> <p>5:00 PUB NIGHT - PUB</p> <p>5:30 EDGEHILL MIXER- Dining Rm RESERVATIONS NEEDED</p> <p>7:30 BONNIE RAPP-LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 ARTHRITIS MOBILITY w/ TAMARA - LAUREL RM</p> <p>10:30 TECH CLASS-TECH SUITE</p> <p>11:00 PROTESTANT SERVICE- CARD RM</p> <p>1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM</p> <p>1:30 TECH CLASS-TECH SUITE</p> <p>2:00 EATING FRESH with CHEF &amp; SERENA— LAUREL RM</p> <p>2:30 MEDITATION- BOARD RM</p> <p>4:00 BOB SCHWARTZ-AN ECONOMIST'S VIEW OF ECONOMICS -LAUREL RM</p> <p>7:00 POKER NIGHT- CARD RM</p> <p>7:30 MOVIE NIGHT LAUREL RM</p>	<p>8:30 WATER AEROBICS</p> <p>9:30 SIT &amp; TONE w/ RENEE - LAUREL RM</p> <p>3:00 DISCUSSIONS ON ART with HELANE RHEINGOLD LAUREL RM</p> <p>4:00 HAPPY HOUR w/ LARRY BATTER — LIVING RM</p>	<p>9:15 CARDIO &amp; AGILITY w/ RENEE — LAUREL RM</p> <p>2:00 BINGO - ACTIVITY RM</p>



15	SUNDAY	16	MONDAY	17	TUESDAY	18	WEDNESDAY	19	THURSDAY	20	FRIDAY	21	SATURDAY	
2:00 MOVIE MATINEE- LAUREL RM	8:30 WATER AEROBICS 9:45 RESIDENT COUNCIL— LAUREL RM 11:30 EXERCISE VIDEO- LAUREL RM 11:00 SEAMSTRESS SERVICE - ACTIVITIES RM 1:00 RUMMIKUB - CARD RM 1:30 OPEN PLAY- CARD RM 2:00 DOCUMENTARY — LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILL 4:00 AMBASSADOR NILES- LECTURE ON INTERNATIONAL CURRENT EVENTS — LAUREL RM / ZOOM	8:30 WATER AEROBICS 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 10:30 TECH CLASS-TECH SUITE—sign-up required 11:00 LEGISLATIVE COMMITTEE—BOARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA - LAUREL RM 1:00 GREAT COURSES— World Heritage Sites-#7— 8 LAUREL RM/ ZOOM 1:00 HEARTS CLUB- CARD RM 1:30 TECH CLASS-TECH SUITE Sign-up required 2:30 FALL Acrylic Painting ACTIVITY RM sign-up required 5:45 TALES & MEMORIES DINNER—sign-up required Private dining rm 7:30 MOVIE - LAUREL RM	8:30 WATER AEROBICS 9:30 STRETCH WITH RENEE- LAUREL RM 11:00 CATHOLIC MASS - LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #7 & #8 — ZOOM 2:00 INTERMEDIATE BRIDGE — CARD RM 3:00 AFTERNOON TEA — GARDEN GRILLE 4:00 DARBY CARTUN MUSEUM COMES TO YOU- LAUREL RM 3:30 BEGINNERS BRIDGE — CARD RM 4:00 NICOLE WANG PIANO CONCERT- LAUREL RM 5:00 PUB NIGHT - PUB	8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY w/ TAMARA - CARD RM 10:30 TECH CLASS-TECH SUITE—sign-up required 11:00 PROTESTANT SERVICE- CARD RM 11:00 MOVIE COMMITTEE- ACTIVITY RM 1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM 1:30 TECH CLASS-TECH SUITE Sign-up required 2:30 MEDITATION -BOARD RM 4:00 BOB SCROFANI — OPERA LECTURE- LAUREL RM 7:00 POKER NIGHT- CARD RM 7:30 MOVIE NIGHT—LAUREL RM	8:30 WATER AEROBICS 9:30 EXERCISE VIDEO- LAUREL RM 11:00-Halloween Bottle Painting with Jocelyn — ACTIVITY RM 2:00 SHABBAT- CARD RM 3:00 TRIVIA — LAUREL RM 4:00 HAPPY HOUR with JOHN GOLDSCHMIDT — LIVING RM	9:15 EXERCISE VIDEO  1:45 OPERA SHOWING — LAUREL RM 2:00 BINGO - ACTIVITY RM  2:00 BIBLE STUDY W/ CAROLYN FISHER - “Gospel of John”— CARD RM  3:00 MOVIE SHOWING — LAUREL RM								
	22	SUNDAY	23	MONDAY	24	TUESDAY	25	WEDNESDAY	26	THURSDAY	27	FRIDAY	28	SATURDAY
	2:00 MOVIE MATINEE- LAUREL RM	8:30 WATER AEROBICS 9:30 SIT & TONE w/ RENEE- LAUREL RM 11:00 SEAMSTRESS SERVICE - ACTIVITIES RM 1:00 RUMMIKUB - CARD RM 1:30 OPEN GAME PLAY- CARD RM 2:00 DOCUMENTARY — LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILL 2:30 SHORT STORIES w/ CARROLL STENSON- ZOOM 4:00 TOWN HALL MEETING — LAUREL RM/ ZOOM	8:30 WATER AEROBICS 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 10:30 TECH CLASS-TECH SUITE—sign-up required 11:00 LEGISLATIVE COMMITTEE — CARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA - LAUREL RM 1:00 GREAT COURSES- World Heritage Sites-#9 - 10 LAUREL RM/ ZOOM 1:00 HEARTS CLUB- CARD RM 1:30 TECH CLASS-TECH SUITE Sign-up required 3:00 BIBLE STUDY -CARD RM 4:00 RESIDENT ART SHOW- LAUREL RM 7:30 MOVIE - LAUREL RM	8:30 WATER AEROBICS 9:30 STRETCH WITH RENEE- LAUREL RM 11:00 CATHOLIC MASS - LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #9 —10 - ZOOM 2:00 INTERMEDIATE BRIDGE — CARD RM 3:00 AFTERNOON TEA- GARDEN GRILLE 3:00 FERGUSON BOOKMOBILE- FRONT ENTRANCE 3:30 BEGINNERS BRIDGE — CARD RM 4:00 LEGISLATIVE SPEAKER— LAUREL RM 5:00 PUB NIGHT - PUB	8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY w/ TAMARA— LAUREL RM 10:30 TECH CLASS-TECH SUITE Sign-up required 11:00 PROTESTANT SERVICE- CARD RM 1:00 MAHJONG CLASS WITH DONNA HOLT- CARD RM 1:30 TECH CLASS-TECH SUITE Sign-up required 3:00 GREAT DECISIONS- DAVE SCHEROGA—LAUREL RM 3:30 BOOK CLUB — CARD RM 7:00 POKER NIGHT — CARD RM 7:30 MOVIE — LAUREL RM	8:30 WATER AEROBICS 9:30 SIT & TONE WITH RENEE LAUREL RM 10:30 PUMPKIN PAINTING— ACTIVITY RM  3:00 DISCUSSIONS ON ART WITH HELANE REINGOLD- LAUREL RM 4:00 HAPPY HOUR WITH JOHN GOLDSCHMIDT — LIVING RM	9:15 CARDIO & AGILITY w/ RENEE — LAUREL RM  1:30 BINGO - ACTIVITY RM  3:00 MOVIE SHOWING — LAUREL RM  7:30 PIANO CONCERT— LAUREL RM							
29	SUNDAY	30	MONDAY	31	TUESDAY	<u>CALENDAR COLOR KEY:</u> BLUE = Activities that are streaming simultaneously on Zoom & in the Laurel Room GREEN = Activities that occur around the Community RED = ONLY in the card room PURPLE = ONLY in the Laurel Room BROWN= ONLY on Zoom OR Tech suite PINK = Committee Meetings		To access BLUE & ORANGE events:  Go to Zoom.us, select “Join a Meeting” Enter the Meeting ID # 206 124 1168 about 10 minutes before the event, the host will let you in.  To dial in by phone, call 929-436-2866 and enter the Meeting ID 206 124 1168 #	Activities Department  Phone (203) 595-2322  Email Leslie Harrison LHarrison@benchmarkquality.com  Jocelyn Alfieri JAlfieri@benchmarkquality.com  Jamal Fowler jfowler@benchmarkquality.com  (e-mail is the best way to contact )					
2:00 MOVIE MATINEE- LAUREL RM	8:30 WATER AEROBICS 9:30 SIT & TONE w/ RENEE- LAUREL RM 11:00 SEAMSTRESS SERVICE- ACTIVITY RM 1:00 YARN PUMPKINS ACTIVITY RM- sign-up required 1:00 RUMMIKUB - CARD RM 1:30 OPEN GAME PLAY- CARD 2:00 DOCUMENTARY - LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILL 4:00 JOHN TUOHY — LAUREL RM	8:30 WATER AEROBICS 9:30 CHAIR PILATES w/ TAMARA — LAUREL RM 10:30 TECH CLASS-TECH SUITE—sign-up required 11:15 SHOPPING TRIP Max 6 11:15 YOGA - LAUREL RM 1:00 GREAT COURSES- World Heritage Sites-#10- 11 LAUREL RM/ ZOOM 1:00 HEARTS CLUB- CARD RM 1:30 TECH CLASS-TECH SUITE Sign-up required 2:00 EDGEHILL HALLOWEEN PARTY 7:30 MOVIE - LAUREL RM												