

# EDGEHILL WEEKLY FOCUS

**SUNDAY, MARCH 24 — SATURDAY, MARCH 30**

## EDGEHILL MANAGER ON DUTY (MOD)

### Independent Living:

Weekend of Albert Soe (Sat) (203) 595 — 2417  
03/23 — 03/24 Caver Pusey (Sun.) (203) 595 — 2334

### Rehab/SAR:

Sandra Giarfardino (203) 595 — 2401

24 SUNDAY	25 MONDAY	26 TUESDAY	27 WEDNESDAY	28 THURSDAY	29 FRIDAY	30 SATURDAY
<b>2:00 MOVIE MATINEE</b> — LAUREL RM	<b>8:30 WATER AEROBICS</b>	<b>8:30 WATER AEROBICS</b>	<b>8:30 WATER AEROBICS</b>	<b>8:30 WATER AEROBICS</b>	<b>8:30 WATER AEROBICS</b>	<b>9:15 CARDIO &amp; AGILITY</b> with RENEE — LAUREL RM
<b>4:00 SkyTruth with Jenny Allen</b> using satellite imagery to help save the planet. — LAUREL RM	<b>9:30 SIT &amp; TONE with RENEE</b> — LAUREL RM	<b>9:30 CHAIR PILATES with TAMARA</b> — LAUREL RM	<b>9:30 STRETCH with RENEE</b> — LAUREL RM	<b>9:30 ARTHRITIS MOBILITY with Tamara</b> — LAUREL RM	<b>9:30 SIT &amp; TONE with RENEE</b> – LAUREL RM	<b>11:00 — 1:00</b> <b>GIRL SCOUT COOKIE SALES</b> — MAIN LOBBY
<b>Little Known Facts from the Welcoming Committee</b>	<b>11:00 SEAMSTRESS SERVICE</b> — ACTIVITIES RM	<b>10:00 BEA SMITH CLOTHNG SALE</b> — LIVING RM	<b>11:00 CATHOLIC MASS</b> – LAUREL RM	<b>11:00 PROTESTANT SERVICE</b> — CARD RM	<b>10:00 RIMAN K-BEAUTY SALES with Life By Kassie</b> —LIVING RM	<b>1:30 BINGO</b> — ACTIVITY RM
	<b>1:00 RUMMIKUB</b> – CARD RM	<b>11:15 SHOPPING TRIP</b> — FRONT ENTRANCE — Max 6	<b>12:00 RE-SHOWING OF GREAT COURSES # 9 &amp; 10</b> — ZOOM	<b>1:00 MAHJONG CLASS</b> — CARD RM	<b>12:00 BIRTHDAY LUNCHEON</b> — MAIN DIVING RM — by invitation	<b>3:00 MOVIE SHOWING</b> — LAUREL RM
	<b>1:30 OPEN GAME PLAY</b> – CARD RM	<b>11:15 YOGA</b> — LAUREL RM	<b>1:00 Health Committee PRIVATE DUTY AIDE PANEL</b> — LAUREL RM	<b>1:00 WHEEL CHAIR &amp; WALKER REPAIR CLINIC</b> — GARDEN LEVEL	<b>2:00 KNITTING CLUB—ACTIVITY RM</b>	
	<b>2:30 SHORT STORIES with CARROLL STENSON</b> — ZOOM	<b>1:00 GREAT COURSES Revolutionary Discoveries #9— 10</b> — LAUREL RM/ ZOOM	<b>2:00 INT. BRIDGE</b> — CARD RM	<b>2:30 MEDITATION with BROOKE</b> — BOARD RM	<b>3:00 DISCUSSIONS ON ART with HELANE RHEINGOLD</b> — LAUREL RM	
	<b>3:00 ICE CREAM SOCIAL</b> — GARDEN GRILLE	<b>1:00 HEARTS CLUB</b> — CARD RM	<b>3:00 GREAT DECISIONS with Tom Niles</b> — LAUREL RM	<b>2:30 ART CLASS *NEW*</b> — ACTIVITY RM — Sign-up Required	<b>4:00 HAPPY HOUR with LARRY BATTER</b> — LIVING RM	
	<b>4:00 TOWN HALL</b> —LAUREL RM	<b>2:00 JANICE FREIDMAN CONCERT</b> —LAUREL RM	<b>3:00 AFTERNOON TEA</b> — GARDEN GRILLE	<b>4:00 ROBERT HENREY LECTURE</b> — LAUREL RM		
	<b>7:30 DOCUMENTARY</b> – LAUREL RM	<b>3:00 BIBLE STUDY with Cydney Van Dyke verses Mark 16:18</b> — CARD RM	<b>3:00 FERGUSON BOOKMOBILE</b> — FRONT ENTRANCE	<b>7:00 POKER NIGHT</b> — CARD RM		
		<b>7:30 MOVIE</b> – LAUREL RM	<b>3:30 BEGINNERS BRIDGE</b> — CARD RM	<b>7:30 MOVIE</b> — LAUREL RM		
			<b>5:00 PUB NIGHT</b> – PUB			

### HEALTH BITS FROM THE HEALTH COMMITTEE

Getting enough sleep is important for your overall health and well-being. Sleep helps reduce stress, inflammation, and improves memory.

# EDGEHILL WEEKLY MOVIE LIST

SUNDAY, MARCH 24 — SATURDAY, MARCH 30

<div>24</div> <div>SUNDAY</div> <div>2:00 PM Movie</div> <div>"American Fiction" 1h 57m R 2023 Comedy/ Drama</div> <div></div> <div>American Fiction is Cord Jefferson's hilarious directorial debut, which confronts our culture's obsession with reducing people to outrageous stereotypes. Jeffrey Wright stars as Monk, a frustrated novelist who's fed up with the establishment profiting from "Black" entertainment that relies on tired and offensive tropes. To prove his point, Monk uses a pen name to write an outlandish "Black" book of his own, a book that propels him to the heart of hypocrisy and the madness he claims to disdain.</div>	<div>25</div> <div>MONDAY</div> <div>7:30 PM Movie</div> <div>"Joan Baez: I Am a Noise" 1h 49m 2023  Documentary</div> <div></div> <div>Neither a conventional biopic nor a traditional concert film, JOAN BAEZ I AM A NOISE is a raw and intimate portrait of the legendary folk singer and activist that shifts back and forth through time as it follows Joan on her final tour and delves into her extraordinary archive, including newly discovered home movies, diaries, artwork, therapy tapes, and audio recordings. Baez is remarkably revealing about her life on and off stage -- from her lifelong emotional struggles to her civil rights work with MLK and a heartbreaking romance with a young Bob Dylan. A searingly honest look at a living legend, this film is a compelling and deeply personal exploration of an iconic artist who has never told the full truth of her life, as she experienced it, until now .</div>	<div>26</div> <div>TUESDAY</div> <div>7:30 PM Movie</div> <div>"Johnny English Strikes Again" 1h 28m PG   2018 genre</div> <div></div> <div>The new adventure begins when a cyberattack reveals the identities of all active undercover agents in Britain, leaving Johnny English as the secret service's last hope. Called out of retirement, English dives headfirst into action with the mission to find the mastermind hacker. As a man with few skills and analogue methods, Johnny English must overcome the challenges of modern technology to make this mission a success.</div>	<div>27</div> <div>WEDNESDAY</div>	<div>28</div> <div>THURSDAY</div> <div>7:30 PM Movie</div> <div>"The Descendants" 1h 55m R 2011 Comedy/ Drama</div> <div></div> <div>Native islander Matt King (George Clooney) lives with his family in Hawaii. Their world shatters when a tragic accident leaves his wife in a coma. Not only must Matt struggle with the stipulation in his wife's will that she be allowed to die with dignity, but he also faces pressure from relatives to sell their family's enormous land trust. Angry and terrified at the same time, Matt tries to be a good father to his young daughters, as they too try to cope with their mother's possible death.</div>	<div>29</div> <div>FRIDAY</div>	<div>30</div> <div>SATURDAY</div> <div>3:00 PM Movie</div> <div>"Hello, Dolly!" 2h 26m 1969 Musical/ Comedy</div> <div></div> <div>In 1890s New York City, the bold and enchanting widow Dolly Levi (Barbra Streisand) is a socialite-turned-matchmaker. Her latest clients seeking assistance are the cantankerous "half-a-millionaire" Horace Vandergelder (Walter Matthau) and a young artist named Ambrose (Tommy Tune), who is in love with Horace's niece, Ermengarde (Joyce Ames). Dolly's scheming soon involves Horace's employees as well as a New York hatmaker, as she tries to cover up her own secret romantic designs.</div>
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