

# EDGEHILL WEEKLY FOCUS

**SUNDAY, MARCH 17 — SATURDAY, MARCH 23**

## EDGEHILL MANAGER ON DUTY (MOD)

Independent Living: Jay Shankar

(203) 595 — 2345

Weekend of

03/16 — 03/17

Rehab/SAR:

Rosella Crowley

(203) 595 — 2405

17 SUNDAY	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
1:00 MOVIE MATINEE — LAUREL RM  4:00 to 7:00 <b>ST. PATRICK'S DAY PARTY— JOIN US IN THE MAIN DINING RM</b>	8:30 WATER AEROBICS 9:45 RESIDENT COUNCIL — LAUREL RM 11:00 SEAMSTRESS SERVICE — ACTIVITY RM 11:30 YOGA with BROOKE — LAUREL RM 1:00 RUMMIKUB — CARD RM 1:30 OPEN GAME PLAY — CARD RM 2:00 DOCUMENTARY — LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILLE 4:00 AMBASSADOR NILES LECTURE ON INTERNATIONAL CURRENT EVENTS — LAUREL RM / ZOOM	8:30 WATER AEROBICS 9:30 CHAIR PILATES with Tamara — LAUREL RM 11:00 LEGISLATIVE COMMITTEE — BOARD RM 11:15 SHOPPING TRIP Max 6 people — FRONT ENTRANCE 11:15 YOGA with BROOKE — LAUREL RM 1:00 GREAT COURSES Revolutionary Discoveries #7— 8 — LAUREL RM/ ZOOM 1:00 HEARTS CLUB — CARD RM 1:00 BRUCE MUSEUM — Sign-up required — FRONT ENTRANCE 3:00 WELLNESS TALK with Kim Estes — LAUREL RM 5:45 TALES & MEMORIES Conversation Dinner — Sign-up required — Private Dining Room 7:30 MOVIE SHOWING — LAUREL RM	8:30 WATER AEROBICS 9:30 STRETCH with Renee— LAUREL RM 11:00 CATHOLIC MASS — LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #7-8 — ZOOM 1:00 WELLNESS CHECK, E-CARDS, BP CLINIC & OLD MEDS — LAUREL RM 1:30 BUS TOUR of Greenwich with Bobbie Hopkins — sign up required — FRONT ENTRANCE 2:00 INT. BRIDGE — CARD RM 3:00 AFTERNOON TEA — GARDEN GRILLE 3:30 BEGINNER BRIDGE— CARD RM 5:00 PUB NIGHT — PUB 7:30 DOROTHY DARLINGTON CONCERT — LAUREL RM	8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY with Tamara — LAUREL RM 11:00 PROTESTANT SERVICE — CARD RM 11:00 KRIKOR JEWELRY REPAIR — ACTIVITY RM 1:00 MAHJONG CLASS with Donna Holt — CARD RM 2:30 MEDITATION with Brooke — BOARD RM 2:30 BOOK CLUB — PARLOR 4:00 MUSEUM COMES TO YOU with Darby Cartun —LAUREL RM 7:00 POKER NIGHT — CARD RM 7:30 MOVIE SHOWING — LAUREL RM	8:30 WATER AEROBICS 9:30 SIT & TONE with Renee — LAUREL RM  2:00 KNITTING CLUB — ACTIVITY RM  3:00 REVIEW THE RESIDENT PORTAL with Assistant Executive Director Julia Hanan —LAUREL RM  4:00 HAPPY HOUR with John Goldschmid — LIVING RM	9:15 CARDIO & AGILITY with Renee — LAUREL RM 1:30 BINGO — ACTIVITY RM 2:00 BIBLE DISCUSSION with Carolyn Fisher “Gospel of John” — CARD RM 3:00 MOVIE SHOWING — LAUREL RM

*"Little Known Facts" from the Welcoming Committee*


Please think about wearing your name tag! We have many new residents who would be appreciative.

HEALTH BITS FROM THE HEALTH COMMITTEE

Eat a daily salad. Just one serving of leafy greens a day was associated with slower cognitive decline, a 2017 study by Rush University Medical Center showed

# EDGEHILL WEEKLY MOVIE LIST

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17 SUNDAY	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
1:00 PM Movie showing “Waitress: The Musical” 2h 24m 2023 Musical/ Comedy	2:00 PM Movie showing  To be determined	7:30 PM Movie showing  To be determined		7:30 PM Movie showing  To be determined		3:00 PM Movie showing  To be determined
 <p>Waitress: The Musical brings the Tony-nominated, Broadway phenomenon to the big screen. Featuring composer -lyricist Sara Bareilles as Jenna Hunterson, a waitress and expert pie maker stuck in a small town and a loveless marriage. When a baking contest in a nearby county offers her a chance at escape, Jenna fights to reclaim a long-forgotten part of herself. Through the support of her fellow waitresses and an unexpected romance, Jenna begins to find the courage to take a long-abandoned dream off the shelf. Waitress celebrates the power of friendship, dreams, the family we choose and the beauty of a well-baked pie.</p>						