



DINNER

SOUP DU JOUR

CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN CAESAR DRESSING TOPPED WITH HERBED CROUTONS & SHAVED PARMESAN

HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION WITH CHOICE OF DRESSING

MAIN COURSE

EDGEHILL DETOX SALAD

CRISP KALE, BROCCOLI, SWEET RED BELL PEPPER, RADISHES, CABBAGE, CARROTS, CANDIED WALNUTS, MANDARIN ORANGE, RED BEETS WITH LEMON PARSLEY VINAIGRETTE
CHOICE OF: GRILLED CHICKEN, SHRIMP OR SALMON

TERIYAKI GINGER GLAZED BEEF TENDERLOIN TIPS

WITH GRILLED PEPPER & ONIONS WITH STARCH OF THE DAY

NEW ZEALAND RACK OF LAMB

MARSALA DEMI-GLACE SAUCE
VEGETABLE OF THE DAY & STARCH OF THE DAY

GARDEN GRILLE BURGER

CHOICE OF ANGUS STEAKHOUSE BURGER OR TURKEY BURGER
LETTUCE, TOMATO & ONION
WITH ONION RINGS

BUTTERY NEW ENGLAND BAKED COD

VEGETABLE OF THE DAY & STARCH OF THE DAY

LEMON PEPPER GRILLED CHICKEN BREAST

VEGETABLE OF THE DAY & STARCH OF THE DAY

GARLIC LEMON SHRIMP

VEGETABLE OF THE DAY & STARCH OF THE DAY

SIDES

ONION RINGS
COLE SLAW
SWEET POTATO FRIES

WEEK 3
MONDAY TO SATURDAY
MARCH 25TH TO MARCH 30TH