



LUNCH

SOUP DU JOUR

CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN CAESAR DRESSING TOPPED WITH HERBED CROUTONS & SHAVED PARMESAN

HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION WITH CHOICE OF DRESSING

CHICKPEA HUMMUS

GRAPE TOMATO, CUCUMBER CARROT & CELERY WITH PITA BREAD

MAIN COURSE

EDGEHILL DETOX SALAD

CRISP KALE, BROCCOLI, SWEET RED BELL PEPPER, RADISH, CABBAGE, CARROTS, CANDIED WALNUTS, MANDARIN ORANGE, RED BEETS WITH LEMON PARSLEY VINAIGRETTE CHOICE OF: GRILLED CHICKEN, SHRIMP OR SALMON

SWEET ONION BARBEQUE

CHEESESTEAK WEDGE

CHOICE OF BEEF OR CHICKEN
AMERICAN CHEESE WITH SWEET ONIONS & KANSAS CITY STYLE BARBEQUE SAUCE

TURKEY BURGER MELT

WITH MUENSTER CHEESE, FRIED ONIONS ON GRILLED RYE BREAD

BUTTON MUSHROOM & SWISS

OMELET

WITH FRENCH FRIES

GREEK GRILLED GYRO IN SPINACH WRAP

KALAMATA OLIVE, TOMATO, CUCUMBER RED ONION & ROMAINE
TZATZIKI SAUCE

GARDEN GRILLE BURGER

CHOICE OF ANGUS STEAKHOUSE BURGER, SALMON BURGER OR TURKEY BURGER
LETTUCE, TOMATO & ONION

RAMEN NOODLE & CHICKEN SALAD

NAPA CABBAGE, CARROTS, CELERY & ALMONDS IN A SWEET SESAME DRESSING

GRILLED LEMON PEPPER CHICKEN BREAST

RED LEAF LETTUCE, SLICED TOMATO & RED ONION ON A BRIOCHE ROLL

SALAD PLATTERS

ALBACORE TUNA CHICKEN SALAD
EGG SALAD

SIDES

ONION RINGS SWEET POTATO FRIES
COLE SLAW FRENCH FRIES

WEEK 3
MONDAY TO SATURDAY
MARCH 25TH TO MARCH 30TH