

# Edgehill Independent Living Community

March 2024

## Monthly Activity Calendar



<div>Activities Department</div> <div>Phone (203) 595-2322</div> <div>Email Leslie Harrison LHarrison@benchmarkquality.com</div> <div>Jocelyn Alfieri JAlfieri@benchmarkquality.com</div> <div>(e-mail is the best way to contact us)</div>		<div>To access Zoom events:</div> <div>Go to Zoom.us, select “Join a Meeting” Enter the Meeting ID # 206 124 1168 about 10 minutes before the event, the host will let you in. To dial in by phone, call 929-436-2866 and enter the Meeting ID 206 124 1168 #</div>					<div>01 FRIDAY</div> <div>8:30 WATER AEROBICS 9:30 SIT &amp; TONE w/ RENEE— LAUREL RM</div> <div>2:00 SHABBAT— CARD RM</div> <div>2:00 KNITTING CLUB — ACTIVITY RM</div> <div>3:00 HELANE RHEINGOLD ART LECTURE — LAUREL RM</div> <div>4:00 HAPPY HOUR with LARRY BATTER — LIVING RM</div>	<div>02 SATURDAY</div> <div>9:15 CARDIO &amp; AGILITY w/ RENEE—LAUREL RM</div> <div>1:30 BINGO— ACTIVITY RM</div> <div>3:00 MOVIE—LAUREL RM</div>
<div>03 SUNDAY</div> <div>1:00 ORCHESTRA LUMOS — FRONT ENTRANCE Sign up required</div> <div>2:00 MOVIE MATINEE— LAUREL RM</div>	<div>04 MONDAY</div> <div>8:30 WATER AEROBICS</div> <div>9:30 FITNESS VIDEO — LAUREL RM</div> <div>1:00 RUMMIKUB — CARD RM</div> <div>1:30 OPEN GAME — CARD RM</div> <div>1:00 DOCUMENTARY —LAUREL RM</div> <div>3:00 COMMUNITY BY-LAWS VOTING — LAUREL RM</div> <div>3:00 ICE CREAM SOCIAL — GARDEN GRILLE</div> <div>4:00 AMBASSADOR NILES— LECTURE ON INTERNATIONAL CURRENT EVENTS — LAUREL RM / ZOOM</div>	<div>5 TUESDAY</div> <div>8:30 WATER AEROBICS</div> <div>9:30 CHAIR PILATES with TAMARA — LAUREL RM</div> <div>11:15 SHOPPING TRIP Max 6</div> <div>1:00 GREAT COURSES— Revolutionary Discoveries #3— 4 — LAUREL RM/ ZOOM</div> <div>1:00 HEARTS CLUB— CARD RM</div> <div>2:30 JOANNE and LOUIS CONCERT —LAUREL RM</div> <div>5:00 CHAIR YOGA with BROOKE — LAUREL RM</div> <div>7:30 MOVIE — LAUREL RM</div>	<div>06 WEDNESDAY</div> <div>8:30 WATER AEROBICS</div> <div>9:30 FITNESS VIDEO LAUREL RM</div> <div>11:00 CATHOLIC MASS LAUREL RM</div> <div>12:00 RE-SHOWING OF GREAT COURSES #3— #4 — ZOOM</div> <div>2:00 INT. BRIDGE — CARD RM</div> <div>2:00 MARY KAY FACIAL —Sign-up required — ACTIVITY ROOM</div> <div>3:00 AFTERNOON TEA — GARDEN GRILLE</div> <div>3:30 BEGINNERS BRIDGE CARD RM</div> <div>4:00 RMA Video Lecture “How to Prepare for Climate Change” — LAUREL RM</div> <div>5:00 PUB NIGHT — PUB</div> <div>7:30 ART LILLARD CONCERT — LAUREL RM</div>	<div>07 THURSDAY</div> <div>8:30 WATER AEROBICS</div> <div>9:30 ARTHRITIS MOBILITY with TAMARA — LAUREL RM</div> <div>11:00 PROTESTANT SERVICE— CARD RM</div> <div>11:00 MOVIE COMMITTEE— ACTIVITY RM</div> <div>12:00 FRESHMAN ORIENTATION — LAUREL RM ~ Invitation Only ~</div> <div>1:00 MAHJONG with DONNA HOLT — CARD RM</div> <div>2:00 KNIT AWAY LIVE DEMONSTRATION — ACTIVITY RM</div> <div>2:30 MEDITATION with BROOKE — BOARD RM</div> <div>3:00 TRIVIA — PARLOR</div> <div>4:00 MUSEUM COMES TO YOU- DARBY CARTUN — LAUREL RM</div> <div>7:00 POKER NIGHT— CARD RM</div> <div>7:30 MOVIE — LAUREL RM</div>	<div>08 FRIDAY</div> <div>8:30 WATER AEROBICS</div> <div>1:30 YOGA with BROOKE— LAUEREL RM</div> <div>2:00 KNITTING CLUB— ACTIVITY RM</div> <div>3:00 CONEY ISLAND, AMERICA’S PLAYGROUND —SLIDE SHOW with Mike and Sally — LAUREL RM</div> <div>4:00 HAPPY HOUR with JOHN GOLDSCHMID — LIVING RM—</div>	<div>09 SATURDAY</div> <div>9:15 CARDIO &amp; AGILITY with RENEE—LAUREL RM</div> <div>1:30 BINGO— ACTIVITY RM</div> <div>3:00 MOVIE SHOWING — LAUREL RM</div>		

10	SUNDAY	11 MONDAY 8:30 WATER AEROBICS 9:45 EXECUTIVE COMMITTEE MEETING —LAUREL RM 11:15 EXERCISE VIDEO — LAUREL RM 11:00 SOCIAL ACTION COMMITTEE MEETING — CARD RM 2:00 MOVIE MATINEE— LAUREL RM 2:30 ORCHESTRA LUMOS — FRONT ENTRANCE Sign up required	12 TUESDAY 8:30 WATER AEROBICS 9:30 CHAIR PILATES with TAMARA — LAUREL RM 11:00 WELCOMING COMMITTEE— CARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA — LAUREL RM 1:00 GREAT COURSES— Revolutionary Discoveries #5— 6 —LAUREL RM/ ZOOM 1:00 HEARTS CLUB — CARD RM 2:45 FITNESS OPTIONS AT EDGEHILL with TAMARA — LAUREL RM 3:00 BIBLE STUDY—CARD RM 4:00 MUSIC LECTURE with GIL HAREL—LAUREL RM 7:30 MOVIE—LAUREL RM	13 WEDNESDAY 8:30 WATER AEROBICS 9:30 STRETCH with RENEE — LAUREL RM 11:00 CATHOLIC MASS — LAUREL RM 11:00 ACTIVITY COMMITTEE — ACTIVITY ROOM 12:00 RE-SHOWING OF GREAT COURSES #5& #6- ZOOM 12:00 HEALTH COMMITTEE — LAUREL RM 1:00 F&B COMMITTEE — CARD RM 1:00 LIBRARY COMMITTEE-LIBRARY 1:00 BUS TOUR of Greenwich with Bobbie Hopkins— sign up required — FRONT ENTRANCE 2:00 INT. BRIDGE — CARD RM 3:00 AFTERNOON TEA —GARDEN GRILLE 3:00 FERGUSON BOOKMOBILE — FRONT ENTRANCE 3:15 GROUNDS COMMITTEE — PUB 3:30 BEGINNER BRIDGE — CARD RM 4:00 OPERA LECTURE with Annette Naurine-LAUREL RM 5:00 PUB NIGHT — PUB 7:30 BONNIE RAPP CONCERT — LAUREL RM	14 THURSDAY 8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY with TAMARA - PARLOR 11:00 PROTESTANT SERVICE— CARD RM 11:15 BUS LEAVES FOR PLAY WITH YOUR FOOD — FRONT ENTRANCE — Signup required 1:00 MAHJONG CLASS with DONNA HOLT — CARD RM 2:00 NICOLE WANG PIANIST — LAUREL RM 2:30 MEDITATION with Brooke — ACTIVITY RM 2:30 HOUSE COMMITTEE —BOARD RM 4:00 MICHELLE FANWICK, PACIFIC HOUSE LECTURE—LAUREL RM 7:00 POKER NIGHT- CARD RM 7:30 MOVIE NIGHT—LAUREL RM	15 FRIDAY 8:30 WATER AEROBICS 9:30 SIT & TONE with RENEE — LAUREL RM 12:00 NEW RESIDENT LUNCHEON—DINING RM 2:00 SHABBAT PURIM CELEBRATION — CARD RM 2:00 KNITTING CLUB— ACTIVITY RM 3:00 DISCUSSIONS ON ART with HELANE RHEINGOLD LAUREL RM 4:00 HAPPY HOUR with LARRY BATTER — LIVING RM	16 SATURDAY 9:15 CARDIO & AGILITY with RENEE — LAUREL RM 1:45 OPERA SHOWING “Luca di Lammermoor” — LAUREL RM 2:00 BINGO — ACTIVITY RM
17	SUNDAY	18 MONDAY 8:30 WATER AEROBICS 9:45 RESIDENT COUNCIL— LAUREL RM 11:00 SEAMSTRESS SERVICE – ACTIVITIES RM 11:30 YOGA with BROOKE — LAUREL RM 1:00 RUMMIKUB – CARD RM 1:30 OPEN GAME PLAY— CARD 2:00 DOCUMENTARY – LAUREL RM 3:00 ICE CREAM SOCIAL — GARDEN GRILLE 4:00 AMBASSADOR NILES—LECTURE ON INTERNATIONAL CURRENT EVENTS — LAUREL RM / ZOOM	19 TUESDAY 8:30 WATER AEROBICS 9:30 CHAIR PILATES with TAMARA — CARD RM 11:00 LEGISLATIVE COMMITTEE—BOARD RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA — LAUREL RM 1:00 GREAT COURSES— Revolutionary Discoveries #7— 8 —LAUREL RM/ ZOOM 1:00 HEARTS CLUB— CARD RM 1:00 BRUCE MUSEUM —Sign-up required — FRONT ENTRANCE 3:00 WELLNESS TALK with KIM ESTES—LAUREL RM 5:30 Tales & Memories Dinner — Sign-up required — Private Dining Room 7:30 MOVIE – LAUREL RM	20 WEDNESDAY 8:30 WATER AEROBICS 9:30 STRETCH with RENEE— LAUREL RM 11:00 CATHOLIC MASS — LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES #7-8 - ZOOM 1:00 pm Bus Tour of Greenwich with Bobbie Hopkins-sign up required - FRONT ENTRANCE 1:00 WELLNESS CHECK, E-CARDS, BP CLINIC & OLD MEDS—LAUREL RM 2:00 INT. BRIDGE — CARD RM 3:00 AFTERNOON TEA —GARDEN GRILLE 3:30 BEGINNER BRIDGE— CARD RM 4:00 Orchestra Lumos — Todd Ellison singing “Broadway Showtunes” — LAUREL RM 5:00 PUB NIGHT – PUB 7:30 Dorothy Darlington Concert — LAUREL RM	21 THURSDAY 8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY with TAMARA - LAUREL RM 11:00 PROTESTANT SERVICE— CARD RM 11:00 KRIKOR JEWELRY REPAIR — ACTIVITY RM 1:00 MAHJONG CLASS with DONNA HOLT— CARD RM 2:30 MEDITATION with BROOKE —BOARD RM 2:30 BOOK CLUB — PARLOR 4:00 MUSEUM COMES TO YOU with DARBY CARTUN —LAUREL RM 7:00 POKER NIGHT — CARD RM 7:30 MOVIE — LAUREL RM	22 FRIDAY 8:30 WATER AEROBICS 9:30 SIT & TONE with RENEE — LAUREL RM 2:00 KNITTING CLUB — ACTIVITY RM 3:00 REVIEW THE RESIDENT PORTAL with AED JULIA HANAN —LAUREL RM 4:00 HAPPY HOUR with JOHN GOLDSCHMID — LIVING RM	23 SATURDAY 9:15 CARDIO & AGILITY with RENEE — LAUREL RM 1:30 BINGO —ACTIVITY RM 2:00 BIBLE DISCUSSION with CAROLYN FISHER – “Gospel of John” — CARD RM 3:00 MOVIE SHOWING — LAUREL RM
24	SUNDAY	25 MONDAY 8:30 WATER AEROBICS 9:30 SIT & TONE with RENEE- LAUREL RM 11:00 SEAMSTRESS SERVICE – ACTIVITIES RM 1:00 RUMMIKUB – CARD RM 1:30 OPEN GAME PLAY— CARD 2:00 MOVIE MATINEE— LAUREL RM	26 TUESDAY 8:30 WATER AEROBICS 9:30 CHAIR PILATES with TAMARA — LAUREL RM 10:00 BEA SMITH CLOTHING SALE —LIVING RM 11:15 SHOPPING TRIP Max 6 11:15 YOGA — LAUREL RM 1:00 GREAT COURSES Revolutionary Discoveries #9— 10 — LAUREL RM/ ZOOM 1:00 HEARTS CLUB— CARD RM 2:00 JANICE FRIEDMAN CONCERT—LAUREL RM 3:00 BIBLE STUDY—CARD RM 7:30 MOVIE – LAUREL RM	27 WEDNESDAY 8:30 WATER AEROBICS 9:30 STRETCH with RENEE— LAUREL RM 11:00 CATHOLIC MASS — LAUREL RM 12:00 RE-SHOWING OF GREAT COURSES # 9 & 10 —ZOOM 2:00 INT. BRIDGE — CARD RM 3:00 GREAT DECISIONS with Tom Niles — LAUREL RM 3:00 AFTERNOON TEA — GARDEN GRILLE 3:00 FERGUSON BOOKMOBILE — FRONT ENTRANCE 3:30 BEGINNER BRIDGE — CARD RM 5:00 PUB NIGHT – PUB	28 THURSDAY 8:30 WATER AEROBICS 9:30 ARTHRITIS MOBILITY with TAMARA - LAUREL RM 11:00 PROTESTANT SERVICE — CARD RM 1:00 MAHJONG CLASS — CARD RM 1:00 WHEEL CHAIR & WALKER CLINIC — GARDEN LEVEL 2:30 MEDITATION with BROOKE —BOARD RM 4:00 ROBERT HENREY LECTURE —LAUREL RM 7:00 POKER NIGHT — CARD RM 7:30 MOVIE — LAUREL RM	29 FRIDAY 8:30 WATER AEROBICS 9:30 SIT & TONE with RENEE — LAUREL RM 10:00 RIMAN K-BEAUTY SALES with Life By Kassie—LIVING RM 2:00 KNITTING CLUB— ACTIVITY RM 3:00 DISCUSSIONS ON ART with HELANE RHEINGOLD — LAUREL RM 4:00 HAPPY HOUR with LARRY BATTER— LIVING RM	30 SATURDAY 9:15 CARDIO & AGILITY with RENEE — LAUREL RM 1:30 BINGO —ACTIVITY RM 3:00 MOVIE SHOWING — LAUREL RM 31 EASTER SUNDAY 11:00 BRUNCH— Sign-up required — MAIN DINING RM 1:00 BRUNCH— sign-up required —MAIN DINING RM