

Edgehill Weekly Activities

Sunday

- 9:15 a.m. **Yoga** | Laurel Room
 2:00 p.m. **Movie Matinee: Gypsy** | Laurel Room

Monday

- 8:30 a.m. **Water Aerobics** | Pool
 9:30 a.m. **Aerobics** | Laurel Room
 11:00 a.m. **Seamstress Service** | Activities Room
 1:00 p.m. **Rummikub** | Card Room
 1:30 p.m. **Open Game Play** | Card Room
 2:00 p.m. **Documentary Showing: Cave of Bones** | Laurel Room
 2:00 p.m. **Short Stories** | Zoom
 3:00 p.m. **Ice Cream Social** | Garden Grille
 4:00 p.m. **Edgehill Town Hall** | Laurel Room

Tuesday

- 8:30 a.m. **Water Aerobics** | Pool
 9:30 a.m. **Pilates** | Laurel Room
 10:00 a.m. **Jewelry Pop-Up Shop** | Living Room
 11:15 a.m. **Greenwich Avenue Shopping Trip** | Front Entrance
 11:15 a.m. **Yoga** | Laurel Room
 1:00 p.m. **Great Courses Lecture** | Laurel Room
 1:00 p.m. **Hearts Club** | Card Room
 2:00 p.m. **Jazz Concert** | Laurel Room
 3:00 p.m. **Bible Study** | Card Room
 7:30 p.m. **Movie Showing: Indiana Jones** | Laurel Room

Wednesday

- 8:30 a.m. **Water Aerobics** | Pool
 9:35 a.m. **Stretch & Flex** | Laurel Room
 11:00 a.m. **Catholic Mass** | Laurel Room
 12:00 p.m. **Great Courses Lecture** | Laurel Room
 2:00 p.m. **Intro to Bridge** | Card Room
 2:00 p.m. **Health Committee** | Laurel Room
 3:00 p.m. **Ferguson Book Mobile** | Front Entrance
 3:00 p.m. **Afternoon Tea** | Garden Grille
 3:30 p.m. **Advanced Bridge** | Card Room
 5:00 p.m. **Pub Night** | Pub
 7:30 p.m. **Movie Showing: Funny Girl** | Laurel Room

Thursday

- 8:30 a.m. **Water Aerobics** | Pool
 8:30 a.m. **Arthritis Mobility Exercise** | Laurel Room
 11:00 a.m. **Legislative Committee Meeting** | Laurel Room
 11:00 a.m. **Protestant Service** | Card Room
 12:00 p.m. **Movie Committee** | Activities Room
 1:00 p.m. **Mahjong** | Card Room
 2:30 p.m. **Meditation** | Board Room
 4:00 p.m. **Opera Lecture** | Laurel Room
 7:00 p.m. **Poker Night** | Card Room
 7:30 p.m. **Movie Screening: The Color Purple** | Laurel Room



Friday

- 8:30 a.m. **Water Aerobics** | Pool
- 9:30 a.m. **Sit & Tone** | Laurel Room
- 10:30 a.m. **Legislative Committee Meeting** | Board Room
- 1:00 p.m. **Art with Jocelyn** | Activities Room
- 2:00 p.m. **Knitting Club** | Activities Room
- 2:00 p.m. **Shabbat** | Card Room
- 2:20 p.m. **Bus to Orchestra Lumos** | Front Entrance
- 4:00 p.m. **Happy Hour** | Living Room

Saturday

- 9:15 a.m. **Cardio & Agility** | Laurel Room
- 11:00 a.m. **Bus to Tod's Point Luncheon** | Front Entrance
- 1:45 p.m. **Opera Lecture** | Laurel Room
- 2:00 p.m. **Bible Study** | Card Room
- 3:00 p.m. **Movie Showing: The Boys in the Boat** | Laurel Room

Off Campus Trips

Explore other local cultural opportunities including:

- Bruce Museum**
- Stamford Botanical Gardens**
- Thimble Islands Cruise**
- Stamford Town Centre**
- Metropolitan Museum of Modern Art**



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EDGEHILL

A Benchmark Lifecare Community