


Activities Calendar

October 27th to November 2nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 27th	October 28th	October 29th	October 30th	October 31st	November 1st	November 2nd
<p>8:45am Alzheimer's Walk *Sign-up Required <i>Front Entrance/Calf Pasture Beach</i></p> <p>2:00pm Movie Showing Field of Dreams <i>Laurel Room</i></p>	<p>8:30am Water Aerobics <i>Pool</i></p> <p>9:30am Sit and Tone with Renee <i>Laurel Room</i></p> <p>11:00am Seamstress <i>Activity Room</i></p> <p>12:45pm Rummikub <i>Card Room</i></p> <p>1:00pm Meditation <i>Board Room</i></p> <p>1:30pm Open Games <i>Card Room</i></p> <p>2:00pm Documentary Showing Tesla <i>Laurel Room</i></p> <p>3:00pm Ice Cream Social <i>Garden Grille</i></p> <p>4:00pm Town Hall <i>Laurel Room/Zoom</i></p>	<p>8:30am Water Aerobics <i>Pool</i></p> <p>9:30am Chair Pilates with Tamara <i>Laurel Room</i></p> <p>11:15am Shopping Trip <i>Front Entrance</i></p> <p>1:00pm Hearts Club <i>Card Room</i></p> <p>2:00pm Janice Friedman Piano <i>Laurel Room</i></p> <p>4:00pm Health Committee Lecture <i>Stamford Health</i> <i>Laurel Room</i></p> <p>7:30pm Movie Showing The Caine Mutiny <i>Laurel Room</i></p>	<p>8:30am Water Aerobics <i>Pool</i></p> <p>9:30am Stretch with Renee <i>Laurel Room</i></p> <p>11:00am Catholic Mass <i>Laurel Room</i></p> <p>2:00pm Ambassador Niles Lecture <i>Laurel Room/Zoom</i></p> <p>2:00pm Intermediate Bridge <i>Card Room</i></p> <p>3:00pm Afternoon Tea <i>Garden Grille</i></p> <p>3:30pm Beginner Bridge <i>Card Room</i></p> <p>3:00pm Ferguson Bookmobile <i>Front Entrance</i></p> <p>4:00pm Museum Comes to You <i>Laurel Room</i></p> <p>5:00pm Meet & Greet at the Pub <i>Pub</i></p>	<p>8:30am Water Aerobics <i>Pool</i></p> <p>9:30am Arthritis Mobility with Tamara <i>Laurel Room</i></p> <p>11:00am Protestant Service <i>Card Room</i></p> <p>1:00pm Beginner Mahjong <i>Living Room</i></p> <p>1:00pm Mahjong <i>Card Room</i></p> <p>2:00pm Legislative Lecture <i>Tom Gardner Born to Run the Numbers</i> <i>Laurel Room</i></p> <p>2:30pm Art with Michelle <i>Activity Room</i></p> <p>3:30pm Halloween Cocktail Hour <i>Living Room</i></p> <p>7:00pm Poker Night <i>Card Room</i></p> <p>7:30pm Movie Showing The Neon Highway <i>Laurel Room</i></p>	<p>8:30am Water Aerobics <i>Pool</i></p> <p>9:30am Sit and Tone with Renee <i>Laurel Room</i></p> <p>11:15am Yoga <i>Laurel Room</i></p> <p>2:00pm Stitch & Chat <i>Activity Room</i></p> <p>2:00pm Shabbat <i>Card Room</i></p> <p>4:00pm Happy Hour <i>Living Room</i></p>	<p>9:00am Sit and Tone with Denise <i>Laurel Room</i></p> <p>1:30pm Bingo <i>Activity Room</i></p> <p>3:00pm Movie Showing Wag the Dog <i>Laurel Room</i></p> <p>7:30pm Will Healy Piano Recital <i>Laurel Room</i></p>

 **Fun Fact (Provided by the Welcoming Committee)**

The pool is open for use 24/7!

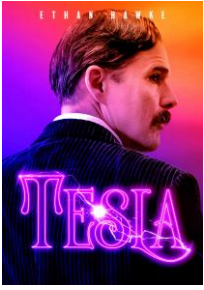
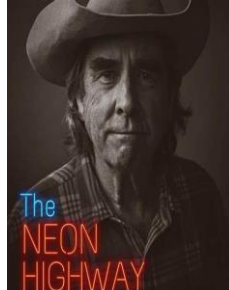
Health Fact

Cholesterol lowering statin drugs reduce cardiovascular risk largely by bringing down LDL & CRP levels.

Managers On Duty		
Independent Living		
27-Oct	Jay Shankar	phone (203)-595-2345
2-Nov	Caver Pusey	(203)-595-2334
Health Center		
27-Oct	Bradley Burkart	phone (203)-595-2403
2-Nov	Joyce Malone	(203)-595-2346

Movies & Showtimes

October 27th to November 2nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 27th	October 28th	October 29th	October 30th	October 31st	November 1st	November 2nd
<p>2:00pm Movie Showing Field of Dreams Fantasy 1h 47m (1989) <i>Laurel Room</i></p>  <p>When Iowa farmer Ray hears a mysterious voice one night in his cornfield saying "If you build it, he will come," he feels the need to act. Despite taunts of lunacy, Ray builds a baseball diamond on his land, supported by his wife, Annie. Afterward, the ghosts of great players start emerging from the crops to play ball, led by "Shoeless" Joe Jackson. But, as Ray learns, this field of dreams is about much more than bringing former baseball greats out to play.</p>	<p>2:00pm Documentary Showing Tesla Biography/Drama 1h 42m (2020) <i>Laurel Room</i></p>  <p>Visionary inventor Nikola Tesla fights an uphill battle to bring his revolutionary electrical system to fruition, then faces thornier challenges with his new system for worldwide wireless energy.</p>	<p>7:30pm Movie Showing The Caine Mutiny Drama 2h 4m (1954) <i>Laurel Room</i></p>  <p>During World War II, a dilapidated vessel, the Caine, gets a new ensign, Willis Keith (Robert Francis), and a new captain, Commander Queeg (Humphrey Bogart). The crew sees Queeg's unconventional behavior as irrational, and communications officer Thomas Keefer (Fred MacMurray) spreads suspicion about his suitability as captain. When a dire situation during a storm forces the executive officer (Van Johnson) to relieve Queeg of his duties, he and Ensign Keith are tried for mutiny.</p>		<p>7:30pm Movie Showing The Neon Highway Music/Drama 1h 53m (2024) <i>Laurel Room</i></p>  <p>Wayne, a singer, meets washed-up legend Claude Allen. Together they go to Nashville to pitch a song, but the industry rejects them. Wayne figures out how to release the song publicly, not for himself but for Claude.</p>		<p>3:00pm Movie Showing Wag the Dog Comedy/Drama 1h 37m (1997) <i>Laurel Room</i></p>  <p>Two weeks prior to reelection, the United States president lands in the middle of a sex scandal. In need of outside help to quell the situation, presidential adviser Winifred Ames (Anne Heche) enlists the expertise of spin doctor Conrad Brean (Robert De Niro), who decides a distraction is the best course of action. Brean approaches Hollywood producer Stanley Motss (Dustin Hoffman) to help him fabricate a war in Albania -- and once underway, the duo has the media entirely focused on the war.</p>