


# Activities Calendar

November 24th to November 30th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 24th	November 25th	November 26th	November 27th	November 28th	November 29th	November 30th
<p>2:00pm <b>Movie Showing</b> High Society Laurel Room</p> <p>2:00pm <b>Greenwich Symphony</b> *Sign-up Required Front Entrance</p> <p>2:30pm <b>Greenwich Symphony</b> *Sign-up Required Front Entrance</p>	<p>8:30am <b>Water Aerobics with Tamara</b> Pool</p> <p>9:30am <b>Sit and Tone with Renee</b> Laurel Room</p> <p>11:00am <b>Seamstress</b> Activity Room</p> <p>12:45pm <b>Rummikub</b> Card Room</p> <p>1:00pm <b>Meditation</b> Board Room</p> <p>1:30pm <b>Open Games</b> Card Room</p> <p>2:00pm <b>Documentary Showing</b> Martha Laurel Room</p> <p>2:30pm <b>Short Stories-Carroll Stenson</b> Zoom</p> <p>3:00pm <b>Ice Cream Social</b> Garden Grille</p> <p>4:00pm <b>Town Hall</b> Laurel Room/Zoom</p> <p>7:30pm <b>Gil Harel Pianist</b> Laurel Room</p>	<p>8:30am <b>Water Aerobics with Tamara</b> Pool</p> <p>9:30am <b>Chair Pilates with Tamara</b> Laurel Room</p> <p>11:15am <b>Shopping Trip</b> Front Entrance</p> <p>2:00pm <b>Great Courses (Birding)</b> Laurel Room/Zoom</p> <p>3:00pm <b>Bible Study</b> Luke 21: 25-36 Card Room</p> <p>4:00pm <b>Ambassador Niles Lecture</b> Laurel Room/Zoom</p> <p>7:30pm <b>Movie Showing</b> Mr. &amp; Mrs. Smith Laurel Room</p>	<p>8:30am <b>Water Aerobics with Tamara</b> Pool</p> <p>9:30am <b>Stretch with Denise</b> Laurel Room</p> <p>11:00am <b>Catholic Mass</b> Laurel Room</p> <p>1:00pm <b>Wheelchair &amp; Walker Repair</b> Garden Level</p> <p>2:00pm <b>Intermediate Bridge</b> Card Room</p> <p>3:00pm <b>Afternoon Tea</b> Garden Grille</p> <p>3:30pm <b>Beginner Bridge</b> Card Room</p> <p>4:00pm <b>Museum Comes to You</b> Laurel Room</p> <p>5:00pm <b>Meet &amp; Greet at the Pub</b> Pub</p>	<p>8:30am <b>Water Aerobics-Cancelled</b> Pool</p> <p>9:30am <b>Morning Exercise-Cancelled</b> Laurel Room</p> <p>11:00am <b>Thanksgiving Dinner</b> *Reservations Required Main Dining Room</p> <p>1:00pm <b>Thanksgiving Dinner</b> *Reservations Required Main Dining Room</p> <p>3:30pm <b>Movie Showing</b> Planes, Trains and Automobiles Laurel Room</p> 	<p>8:30am <b>Water Aerobics with Tamara</b> Pool</p> <p>9:30am <b>Sit and Tone with Denise</b> Laurel Room</p> <p>11:15am <b>Yoga</b> Laurel Room</p> <p>2:00pm <b>Stitch &amp; Chat</b> Activity Room</p> <p>4:00pm <b>Happy Hour</b> Living Room</p>	<p>9:00am <b>Sit and Tone with Denise</b> Laurel Room</p> <p>1:30pm <b>Bingo</b> Activity Room</p> <p>3:00pm <b>Movie Showing</b> The Lavender Hill Mob Laurel Room</p>






 **Fun Fact**  
Reminder: Have you thanked our Associates with your check to the Associates Appreciation Fund?

**Health Fact**  
In addition to helping maintain bone health, Vitamin D also helps in preventing autoimmune diseases such as rheumatoid arthritis, thyroid disease, psoriasis & inflammatory bowel disease. - Mayo Clinic

Managers On Duty			
Independent Living			
24-Nov	Maureen Jennings	Phone	(203)-595-2302
28-Nov	Albert Soe	Phone	(203)-595-2417
Health Center			
24-Nov	Mike Prisinzano	Phone	(203)623-7586
28-Nov	Johnny Castro	Phone	(203)-595-2400

# Movies & Showtimes

November 24th to November 30th

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		
November 24th		November 25th		November 26th		November 27th		November 28th		November 29th		November 30th		
2:00pm	<p><b>Movie Showing</b></p> <p><b>High Society</b></p> <p>Musical/Comedy 1h 47m (1956)</p> <p><i>Laurel Room</i></p>  <p>Jazz artist C.K. Dexter Haven (Bing Crosby) is still hung up on his ex-wife and neighbor, socialite Tracy Samantha Lord (Grace Kelly), however Tracy is engaged to another man (John Lund). Matters are complicated even further when a magazine reporter (Frank Sinatra), in town to cover Tracy's wedding, also winds up falling for the beautiful bride-to-be. As Tracy tries to decide on the ideal husband, each suitor works hard to convince her he is the best choice.</p>	2:00pm	<p><b>Documentary Showing</b></p> <p><b>Martha</b></p> <p>Documentary 1h 53m (2024)</p> <p><i>Documentary Showing</i></p>  <p>This definitive documentary on Martha Stewart pulls back the curtain on one of America's greatest self-made icons, from her start as a teenage model to her stint as a Wall Street stockbroker to her reign as the grand dame of entertaining and good taste. Directed by R.J. Cutler (Elton John: Never Too Late, Billie Eilish: The World's a Little Blurry, The September Issue), Martha draws on hundreds of hours of intimate interviews with Stewart and those from her inner circle, along with Stewart's private archives of diaries, letters, and never-seen-before footage. The film illuminates Stewart's upbringing in a working-class family, compels us to reconsider the scandal that sent her to prison, and heralds her post-prison reinvention as the original influencer who's still captivating new generations of fans.</p>	7:30pm	<p><b>Movie Showing</b></p> <p><b>Mr. &amp; Mrs. Smith</b></p> <p>Action/Romance 2h (2005)</p> <p><i>Laurel Room</i></p>  <p>John (Brad Pitt) and Jane Smith (Angelina Jolie), a couple in a stagnating marriage, live a deceptively mundane existence. However, each has been hiding a secret from the other: they are assassins working for adversarial agencies. When they are both assigned to kill the same target, Benjamin Danz (Adam Brody), the truth comes to the surface. Finally free from their cover stories, they discover that they have been assigned to kill each other, sparking a series of explosive attacks.</p>				3:30pm	<p><b>Movie Showing</b></p> <p><b>Planes, Trains and Automobiles</b></p> <p>Comedy 1h 32m (1987)</p> <p><i>Laurel Room</i></p>  <p>Easily excitable Neal Page (Steve Martin) is somewhat of a control freak. Trying to get home to Chicago to spend Thanksgiving with his wife (Laila Robins) and kids, his flight is rerouted to a distant city in Kansas because of a freak snowstorm, and his sanity begins to fray. Worse yet, he is forced to bunk up with talkative Del Griffith (John Candy), whom he finds extremely annoying. Together they must overcome the insanity of holiday travel to reach their intended destination.</p>			3:00pm	<p><b>Movie Showing</b></p> <p><b>The Lavender Hill Mob</b></p> <p>Comedy 1h 21m (1951)</p> <p><i>Laurel Room</i></p>  <p>A meek clerk (Alec Guinness), his buddy (Stanley Holloway) and crooks melt hijacked Bank of England gold into Eiffel Tower souvenirs.</p>