

Activities Calendar

April 20th to April 26th

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
April 20th		April 21st		April 22nd		April 23rd		April 24th		April 25th		April 26th
April 20th 11:00am Easter Sunday Dinner *Reservations Required Main Dining Room/Laurel Room 1:00pm Easter Sunday Dinner *Reservations Required Main Dining Room/Laurel Room	8:30am 9:30am 9:45am 12:45pm 1:00pm	Water Aerobics with Tamara Pool Morning Exercise-Canceled Laurel Room Resident Council Laurel Room/Zoom Rummikub Card Room Meditation	9:30am 11:15am 2:00pm	Water Aerobics with Tamara Pool Chair Pilates with Tamara Laurel Room Shopping Trip Front Entrance Rory Gordon Guitarist Laurel Room Bible Study	9:30am 11:00am 11:45am	Water Aerobics with Tamara Pool Stretch with Renee Laurel Room Catholic Mass Laurel Room Edgehill's Lunch Bunch *Sign-up Required Front Entrance	11:00am	Water Aerobics with Tamara Pool Arthritis Mobility with Tamara Parlor Tech Class *Sign-up Required Tech Suite Protestant Service Parlor	11:15am 2:00pm	Water Aerobics with Tamara Pool Sit and Tone with Renee Laurel Room Yoga Laurel Room Stitch & Chat Activities Room Jim Clark Saxophone	1:30pm 3:00pm	Sit and Tone with Denise Laurel Room
Castio	1:30pm 3:00pm	Ice Cream Social Garden Grille	5:30pm 7:30pm	*By Invitation Private Dining Room Movie Showing		Seamstress Activities Room Intermediate Bridge Card Room Nutrition Lecture w/Chef & Serena Laurel Room Afternoon Tea Garden Grille Beginner Bridge Card Room Jeffrey Ebers Piano Laurel Room	1:00pm 1:00pm 1:00pm 1:00pm 1:30pm 4:00pm 7:00pm 7:30pm	Gather at the Grille Garden Grille Mahjong Living Room Wheelchair & Walker Repair Garden Level Tech Class *Sign-up Required Tech Suite Daffodil Exhibition *Sign-up Required Front Entrance Nicole Wang Piano Laurel Room Poker Night Card Room Movie Showing Marshall Laurel Room	4:00pm	Laurel Room Happy Hour Living Room		



Fun Fact (Provided by the Welcoming Committee)

Used batteries and light bulbs can be recycled in bins in the room behind the Concierge Desk



Health Fact

Untreated hearing loss may increase an individual's risk for dementia by 42%. Hearing aids appear to mitigate this risk.

Managers On Duty								
Independent Living								
20-Apr	Peter Fee	phone	(203)-595-2340					
26-Apr	Maureen Jennings		(203)-595-2309					
Health Center								
20-Apr	Chris Massaro	phone	(203)-595-2407					
26-Apr	Serena O'Brien		(203)-595-2412					



Movies & Showtimes

April 20th to April 26th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 20th	April 21st	April 22nd	April 23rd	April 24th	April 25th	April 26th
Aprit 20th	Aprit 21st	7:30pm Movie Showing Nobody Wants This Romantic/Comedy 1h 46m (Episodes 7, 8, 9, 10) *Netflix* The last four episodes!	April 23rd	7:30pm Movie Showing Marshall History/Drama 1h 58m (2017) *Prime* Young Thurgood Marshall faces one of his greatest challenges while working as a lawyer for the NAACP. Marshall travels to conservative Connecticut when wealthy socialite Eleanor Strubing accuses Black chauffeur Joseph Spell of sexual assault and attempted murder. He soon teams up with Sam Friedman, a local Jewish lawyer who's never handled a criminal case. Together, the two men build a defense while contending with racist and anti-Semitic views from those who deem Spell to be guilty.	April 25th	Spoiled sisters Nora (Camilla Belle) and Mary (Alexa Vega) Dominguez have a life of wealth and privilege in Beverly Hills. However, their world crashes when their father dies suddenly. Now penniless, the two have to move in with their Aunt Aurelia (Adriana Barraza) in East L.A.'s Boyle Heights. Striving to work through the culture clash, Nora and Mary begin to embrace their Latin heritage, discover romance, and learn the meaning of family.