

## **DINNER**

#### SOUP DU JOUR

### CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN CAESAR DRESSING TOPPED WITH HERBED CROUTONS & SHAVED PARMESAN

### MAIN COURSE

#### **EDGEHILL DETOX SALAD**

CRISP KALE, BROCCOLI, SWEET RED BELL PEPPER, RADISHES, CABBAGE, CARROTS, CANDIED WALNUTS, MANDARIN ORANGE, RED BEETS WITH LEMON PARSLEY VINAIGRETTE CHOICE OF: GRILLED CHICKEN, SHRIMP OR SALMON

# TERIYAKI GINGER GLAZED BEEF TENDERLOIN TIPS

WITH GRILLED PEPPER & ONIONS WITH STARCH
OF THE DAY

#### NEW ZEALAND RACK OF LAMB

MARSALA DEMI-GLACE SAUCE VEGETABLE OF THE DAY & STARCH OF THE DAY

#### HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION
WITH CHOICE OF DRESSING

#### GARDEN GRILLE BURGER

CHOICE OF ANGUS STEAKHOUSE BURGER OR
TURKEY BURGER
LETTUCE, TOMATO & ONION
WITH ONION RINGS

# LEMON PEPPER GRILLED CHICKEN BREAST

VEGETABLE OF THE DAY & STARCH OF THE DAY

#### GARLIC LEMON SHRIMP

VEGETABLE OF THE DAY & STARCH OF THE DAY

#### <u>SIDES</u>

COLE SLAW
ONION RINGS
FRENCH FRIES
SWEET POTATO FRIES

WEEK 3
MONDAY THROUGH SATURDAY
APRIL 20TH TO APRIL 26TH