






Activities Calendar

May 18th to May 24th

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|---|---|---|
| May 18th | May 19th | May 20th | May 21st | May 22nd | May 23rd | May 24th |
| <u>2:00pm</u> Movie Showing The Truman Show Laurel Room | <u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Morning Exercise-Canceled Laurel Room <u>9:45am</u> Resident Council Laurel Room/Zoom <u>12:45pm</u> Rummikub Card Room <u>1:00pm</u> Meditation Board Room <u>1:30pm</u> Open Games Card Room <u>2:30pm</u> Short Stories w/Carroll Stenson Zoom <u>3:00pm</u> Ice Cream Social Garden Grille | <u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Chair Pilates with Tamara Laurel Room <u>11:15am</u> Shopping Trip Front Entrance <u>2:00pm</u> Great Courses (The Addictive Brain) Laurel Room/Zoom <u>4:00pm</u> Museum Comes to You Laurel Room <u>5:00pm</u> Resident Cocktail Mixer *By Invitation Living Room <u>7:30pm</u> Movie Showing The Automat Laurel Room | <u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Stretch with Renee Parlor <u>11:00am</u> Catholic Mass Card Room <u>1:00pm</u> Seamstress Activities Room <u>2:00pm</u> Intermediate Bridge Living Room <u>2:00pm</u> Nutrition Lecture w/Chef & Serena Card Room <u>3:00pm</u> Afternoon Tea Garden Grille <u>3:30pm</u> Beginner Bridge Living Room <u>4:00pm</u> Legislative Lecture Tom Gardner Born to Run the Numbers Laurel Room | <u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Arthritis Mobility with Tamara Laurel Room <u>10:30am</u> Tech Class *Sign-up Required Tech Suite <u>11:00am</u> Protestant Service Card Room <u>12:00pm</u> Gather at the Grille Garden Grille <u>1:00pm</u> Mahjong Card Room <u>4:00pm</u> Health Lecture Dr. Moreen 2025 Dementia Update Laurel Room <u>6:00pm</u> Music on the Great Lawn *Sign-up Required Front Entrance <u>7:00pm</u> Poker Night Card Room <u>7:30pm</u> Movie Showing The Last Letter From Your Lover Laurel Room | <u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Sit and Tone with Renee Laurel Room <u>11:15am</u> Yoga Laurel Room <u>2:00pm</u> Sound Meditation Card Room <u>2:00pm</u> Stitch & Chat Activities Room <u>4:00pm</u> Happy Hour Living Room | <u>9:00am</u> Sit and Tone with Denise Laurel Room <u>1:30pm</u> Bingo Activities Room <u>3:00pm</u> Movie Showing Black Bag Laurel Room <u>7:30pm</u> Frank Porto Band Laurel Room |

 **Fun Fact (Provided by the Welcoming Committee)**
Each evening at dinnertime, come down early to the bar area for a social time to chat with others before you go to your table or as you pick up your brown bag for your dinner at home.

 **Health Fact**
According to the CDC, 1/3 of adults don't get enough sleep. Cognitive skills decline when people sleep fewer than 7 hours per night.





 **Thank you Team Edgehill!**
Thank you to those who donated/participated in the Edgeminster Dog Show & Auction. We raised \$74,000 for the Bennett Cancer Center at Stamford Hospital! If you would still like to contribute to this amazing cause there is still time! The Hope in Motion Walk will take place Sunday, June 8th at 10 AM at Mill River Park.



| Managers On Duty | | | |
|--------------------|-------------------|-------|----------------|
| Independent Living | | | |
| 18-May | Bryan Sy | phone | (203)-595-2311 |
| 24-May | Albert Soe | | (203)-595-2312 |
| Health Center | | | |
| 18-May | Serena O'Brien | phone | (203)-595-2412 |
| 24-May | Micahel Prinszano | | (203)-595-2410 |

Movies & Showtimes

May 18th to May 24th

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|----------|---|-----------|--|----------|---|
| May 18th | May 19th | May 20th | May 21st | May 22nd | May 23rd | May 24th |
| <div>2:00pm</div> <div>Movie Showing</div> <div>The Truman Show</div> <div>Comedy/Drama 1h 42m (1998)</div> <div>*Prime*</div> <div></div> <div>He doesn't know it, but everything in Truman Burbank's (Jim Carrey) life is part of a massive TV set. Executive producer Christof (Ed Harris) orchestrates "The Truman Show," a live broadcast of Truman's every move captured by hidden cameras. Cristof tries to control Truman's mind, even removing his true love, Sylvia (Natascha McElhone), from the show and replacing her with Meryl (Laura Linney). As Truman gradually discovers the truth, however, he must decide whether to act on it.</div> | | <div>7:30pm</div> <div>Movie Showing</div> <div>The Automat</div> <div>Documentary 1h 59m (2022)</div> <div>*Prime*</div> <div></div> <div>Before fast food we had something better. Our grandparents told us stories of gathering around communal tables, sharing their lives, their struggles, and their dreams with strangers at The Automat. In the long awaited Horn & Hardart documentary relive the phenomena of America's original and most beloved restaurant chain. The one hundred year Automat saga serves up never before-seen archival footage and photographs and a cast including celebrity customers, company executives, historians, and members of the Horn & Hardart families.</div> | | <div>7:30pm</div> <div>Movie Showing</div> <div>The Last Letter From Your Lover</div> <div>Drama/Romance 1h 50m (2021)</div> <div>*Netflix*</div> <div></div> <div>A pair of interwoven stories set in the present and past, THE LAST LETTER FROM YOUR LOVER follows Ellie Haworth (Felicity Jones), an ambitious journalist who discovers a trove of secret love letters from 1965 and becomes determined to solve the mystery of the forbidden affair at their center. As she uncovers the story behind Jennifer Stirling (Shailene Woodley), the wife of a wealthy industrialist, and Anthony O'Hare (Callum Turner) the financial journalist assigned to cover him, a love story of Ellie's own begins to unfold with the assistance of an earnest and endearing archivist (Nabhaan Rizwan) who helps her track down more letters. Based on the novel by Jojo Moyes and directed by Augustine Frizzell.</div> | | <div>3:00pm</div> <div>Movie Showing</div> <div>Black Bag</div> <div>Thriller/Drama 1h 33m (2025)</div> <div>*Prime*</div> <div></div> <div>BLACK BAG is a gripping spy drama about legendary intelligence agents George Woodhouse and his beloved wife Kathryn. When she is suspected of betraying the nation, George faces the ultimate test – loyalty to his marriage or his country.</div> |