



LUNCH

SOUP DU JOUR

CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN CAESAR DRESSING TOPPED WITH HERBED CROUTONS & SHAVED PARMESAN

HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION WITH CHOICE OF DRESSING

MAIN COURSE

VITAMIN C BOOSTER RAINBOW SALAD

BABY SPINACH, PINE NUTS, RED CABBAGE, RED QUINOA, RED PEPPER, FRESH ORANGES, EDAMAME, & POMEGRANATE & LEMON LIME HONEY DRESSING
CHOICE OF GRILLED CHICKEN, SHRIMP OR SALMON

AVOCADO TOAST

TOASTED & GRAIN BREAD TOPPED WITH SWEET ROASTED RED TOMATOES

BLACK FOREST SANDWICH

LEAN ROAST BEEF & SWISS CHEESE, SAUERKRAUT & THOUSAND ISLAND DRESSING ON MARBLE BREAD

VERMONT CHEDDAR BURGER

ANGUS STEAKHOUSE BURGER OR TURKEY BURGER LETTUCE, TOMATO & RED ONION ON BRIOCHE

LAMB GYRO WRAP

TZATZIKI SAUCE, LETTUCE, TOMATO & RED ONION

SOUTH OF THE BORDER SHRIMP & AVOCADO QUESADILLA

GRILLED PEPPER & ONION WITH FRESH SALSA & SOUR CREAM

GRILLED BALSAMIC & OLIVE OIL CHICKEN BREAST

FRESH ARUGULA, TOMATO & RED ONION ON A BRIOCHE ROLL

SIDES

COLE SLAW
ONION RINGS
FRENCH FRIES
SWEET POTATO FRIES

SALAD PLATTERS

ALBACORE TUNA
CHICKEN SALAD
EGG SALAD

WEEK 7

MONDAY THROUGH SATURDAY
MAY 19TH TO MAY 24TH