Activities Department

At Edgehill we are a team of individuals committed to one goal: providing consistent and interesting programming that exceeds our residents’ expectations. Please reach out to us with any questions, feedback, or suggestions you have.

**Director**: Sandi Kornblum [skornblum@benchmarkquality.com](mailto:skornblum@benchmarkquality.com).

To reach Sandi, dial 203-595-2302.

**Programming Assistants**:

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The office phone number is 203-595-2322.

**Hours of Operation**

Monday to Saturday 9:00 AM to 5:00 PM. Our office is in the south wing corridor across from the Country Store and next to the Grille Room.

**Publications**

***Monthly Calendar***: You will find the calendar in your internal mailbox on the first of every month. It is a complete daily schedule of all planned activities. Copies are available from the concierge’s desk and from the activity dept.

**Weekly Highlights:** This flyer is delivered to your internal mailbox every Friday and gives an overview of programs and extraordinary events scheduled for the upcoming week. It also contains updates and reminders of interest. Copies are available from the concierge’s desk and from the activity dept.

**Weekly Schedule:** This is placed in your internal mailbox every Friday and is a complete daily list of all scheduled activities for the upcoming week. Copies are available from the concierge’s desk and from the activity dept.

***Daily Schedule:*** The daily schedule is posted by the resident elevators and at the front desk. It contains all activities and locations for the day. Copies are available at the concierge desk.

***Flyers:*** Various flyers will be placed in your internal mailbox each week. The flyers describe unique events for the upcoming weeks including location, date, time, and instructions about sign-ups (if required) or if reservations are needed.

***Invitations***: If an event requires an invitation, you will receive it in your internal mailbox. The invitation will have a description of the event, date, time, location, and instructions. If sign-up is required, please make your reservations or RSVP as soon as possible.

***Lobby TV:*** In the lobby, there is a digital screen which has a rotating display of the daily calendar, special event flyers and announcements.

***Sign-Up Sheets***: On the concierge desk, the white binder contains sign-up sheets that as required for certain events. The events are filed in chronological order.

***Bulletin Boards:*** are located at the first-floor entrance of the West and East Wing Elevators and across from the activities department. All flyers for upcoming events are posted on bulletin boards. The activities board located near the internal mailboxes contains additional notices and community announcements.

**ACTIVITIES SCHEDULE AND OFFERINGS**

***Please check the weekly and daily calendars for the most up-to-date information as sometimes changes or cancellations occur.***

***Exercise:*** Every weekday morning at 8:30 AM we offer a Water Exercise class in our pool. Daily at 9:30 AM (except Sunday) we offer exercise in the Laurel room. Weekly classes such as Chair Pilates, Arthritis Mobility, Stretch, and General Toning are offered. Meditation and Yoga classes are also available. Please check the calendar for details.

***Religious Services:***  Catholic Mass takes place on Wednesday’s at 11:00 AM in the Laurel Room and Protestant Services occur on Thursday’s at 11:00 AM in the Card Room. Twice a month Shabbat Service is held in the Card Room at 2:00 PM on Fridays as noted in the calendar.

***Movies:***Current, Classics, Comedies and Documentaries are shown in the Laurel room on Tuesday and Thursday nights at 7:30 PM. There is a matinee most Saturdays at 3:00 PM and on Sunday at 2:00 PM. Every other Saturday we show a “Met in HD” Opera. Please check the monthly calendar for upcoming viewings.

***Music*:** On Friday afternoons at 4:00pm we have a piano player join us at Happy Hour in the Living Room. We offer special evening music performances and/or dramatic performances during the week and on Saturdays. Additionally, annual performances by the Greenwich Chamber Players as well as violin, cello and piano concerts by Connecticut and New York City based classical and jazz groups occur.

***Lectures*:** On frequent afternoons there is a lecture in the Laurel Room. Topics range from Art, Opera, Classical Music, Popular Music, International Current Events, Health, History & Architecture. Every other Tuesday afternoon at 2:00, we show a “Great Courses” class. Please check the monthly calendar for upcoming lectures. We have a monthly presentation coordinated with the Greenwich Retired Men’s Association.

***Art:***We have a Mixed Media Art class on Thursday afternoons (twice a month). Sign-up is required for these popular classes. You are welcome to create projects with our fully stocked art supply cabinet that is available to residents any time the activities room is open.

***Games:***Every Monday afternoon, the Card room is reserved for card games. Groups of residents get together to play Rummikub at 12:45 PM and open games begin at 1:30 PM.

In addition, residents often congregate in the Card room or Parlor to play private Bridge during the week.

On Thursdays at 1:00 PM we have Guided Play Mahjong in the card room. Every Thursday night at 7:00 PM there is a Poker Game that is open to all players in the Card room. We also have many board games available for use. Please check the daily calendar for locations as room changes may occur.

***Trips*:** Every Tuesday morning the bus takes residents to the local shopping center where you can purchase groceries, go to the post office, or stop into CVS and much more. We have bus trips to local churches on Sundays. During the summer on Friday, we take weekly trips to Greenwich Beach – Tod's Point for lunch – these are immensely popular! We visit local museums, vineyards, and gardens. Transportation is provided to the Greenwich and Stamford Symphonies during the season, and several local live theatres and music venues during the calendar year. Bus tours of Greenwich are moderated by residents who have lived in the area for a long time and have interesting stories to share. At Christmas we take a tour to view the local holiday lights.

***Luncheons*:** We have a Newcomers Luncheon every other month. You will receive an invitation in your internal mailbox. This is a wonderful opportunity to meet other new residents who have also recently moved into the community. On the last Wednesday of every month there is a monthly Resident Birthday Lunch for everyone who has a birthday that month. You will get an invitation in your internal mailbox for the month that you have a birthday. If you plan to attend these events, please be sure to RSVP.

***Parties*:** Here at Edgehill, we need little excuse to party. We celebrate all the major holidays like New Year’s, Valentine’s Day, Chinese New Year, Mardi Gras and St. Patrick’s Day to name a few. Everyone is welcome, although reservations are required for dinner. The events are a fantastic way to get out and meet and mingle with your neighbors. Every other month, we have a Cocktail Party which is by invitation only. It is an opportunity for old and new residents to get to know one another in a smaller environment. Our monthly New Resident Luncheons are also opportunities for new residents to socialize and meet each other in a more intimate setting. You will receive an invitation to all events in your internal mailbox**.**

***Vendors:***Periodically, vendors come to sell their products in the living room - clothing, accessories, beauty products, and more. They typically accept cash, check or credit card and you pay them directly.

***Seamstress***: Edgehill’s very own, Nibia, comes every Wednesday at 1:00PM, in the activities room to repair or alter your clothing. Drop off the item(s) requiring alteration and she will return it the following week either to your apartment or you can pick it up in the activities room. Prices are reasonable. Please pay her directly in cash.

***Jewelry Repair:*** Krikov Jewelers is here every third Thursday of the month at 11:00 AM offering jewelry repairs and jewelry for sale.

***Reading***: Edgehill’s Non-fiction book club meets every other month. If you are interested in attending this club, please contact Ms. Irene Fischl at 203-966-5111.

Every other week, all are welcome to attend a Short Story Class moderated by Carroll Stenson via Zoom on Mondays at 2:30 PM. Copies of the stories are available in the activities room two weeks prior to each session.

Bible Study group headed by local clergyman takes place in the Card Room every other Tuesday afternoon.

***Massage****:* Massages by appointment are available by Athena Coroneos on Mondays in our massage suite on the Garden Level. Please pick up a brochure from the activities office for more information.

***Town Hall:*** These meetings are an excellent way to find out what is going on in our community at Edgehill. The monthly Town Hall meeting takes place at 4:00 PM on the fourth Monday of the month in the Laurel Room.

**The Resident Council**

The purpose of the Resident Council is to enable residents to participate in – and often initiate – decisions that help make Edgehill a pleasant, stimulating, and caring community. There is a close working relationship between the council and various members of management to achieve these objectives.

The Council has six officers and eleven committee chairpersons. The six officers that comprise the Executive Committee are: President, Vice President, Treasurer, Assistant Treasurer, Corresponding Secretary, Recording Secretary, and Finance Committee Chair. The Executive Committee meets in a closed-door session in the boardroom on the second Monday of the month, except for December. Decisions must be endorsed by the full Resident Council at the meeting.

The monthly Resident Council Meeting occurs monthly on the third Monday at 9:45 AM in the Laurel Room. The meeting is open to all residents. While guests are not permitted to speak during the meeting, their voices may be heard following the official closing of the formal gathering. Comments and questions from residents receive responses either verbally or by email.

The various committees that make up the Residents Council are listed and described below. The committees meet monthly (except December) at a time and place proposed by the chairperson. Each committee has a specified mission and a staff member advisor. Deliberations are reported to the Council, with a written copy presented to the recording secretary for inclusion in the minutes. Everyone is welcome to attend. Please check the monthly calendar, the date, time, and location of each committee meeting.

***Activities:*** *s*upport the Edgehill Activities department in developing and implementing programs of entertainment, enrichment and education that are not covered by other committees.

***Associates Appreciation Fund:*** is a vehicle for residents to express their appreciation for the many services performed by Edgehill staff members (Associates) who do not otherwise receive a bonus. Donations are solicited from residents twice a year and distributed based on the number of hours worked and seniority.

***Food & Beverage*** Liaises between residents and dining room staff regarding food choice, preparation and serving.

***Grounds:*** Collaborates with Edgehill’s Plant Operations Director and the landscaper to ensure variety, beauty, and health of the plantings.

***Health:*** Discusses relevant physical and mental health issues in the Edgehill community and at large, making recommendations and requesting implementation when appropriate. It also facilitates health lectures and programs deemed important to residents. In-house health care is also a focus.

***House:*** Serves as a forum for residents to communicate their needs, ideas, and concerns to the management to improve the overall well-being, safety, and morale of the residents.

***Legislation:*** Research and reports on current happenings in the State legislature, helps with voter registration and provides transportation to the polls. Facilitate lectures to keep residents informed of local, state and national issues.

***Library:*** Subscribes to several newspapers and purchases new books from monies collected by the resident Tribute Fund. Re-shelves returned books and keeps order in the library.

***Social Action:*** A wide-ranging committee that touches residents’ lives and those in need within the Stamford and local area. Reading to children and collecting clothes for Person-to-Person, complemented by two large fundraisers each year benefiting Alzheimer’s’ research and the Bennett Cancer Center are just a few of the community outreach events our residents engage in.

***Welcoming:*** Meets, greets, and provides on-going support to new residents, with the goal of smooth assimilation into the Edgehill community. Facilitates building new friendships!

If you are interested in joining any of these committees, please contact the Resident Council President and she will put you in touch with the appropriate Committee Chairperson.

Frequently Asked Questions

Do I need reservations/sign-up to attend events? All events on the schedule are open to all residents unless it specifically states sign up is required. The sign-up book is on the concierge desk. All sign-up events are on a first-come, first-serve basis.

Is there any charge for events? All events are free unless otherwise specified. It will be noted if there is a transportation charge for a trip.

Do I need reservations for parties? The cocktail and entertainment segments of the parties are free and open to all. Dinner reservations for parties will follow the Food & Beverage (F&B) protocols. You should check with F&B to see if the special dinners incur a meal charge.

Schedule of Group Exercise Classes

All exercise classes are open to all residents. Please be sure to bring water with you to all the exercise classes and arrive 5 minutes early!

***Monday***

8:30 AM Water Exercise Class in the Pool

9:30 AM Sit & Tone Class in the Laurel Room

***Tuesday***

8:30 AM Water Exercise Class in the pool

9:30 AM Chair Pilates Class in the Laurel Room

***Wednesday***

8:30 AM Water Exercise Class in the Pool

9:30 AM Gentle Stretch Class in the Laurel Room

***Thursday***

8:30 AM Water Exercise Class in the Pool

9:30 AM Arthritis Mobility Class in the Laurel Room

***Friday***

8:30 AM Water Exercise Class in the Pool

9:30 AM Sit & Tone Class in the Laurel Room

***Saturday***

9:30 AM Sit & Tone Class in the Laurel Room

During the month we also offer: Yoga, and Meditation. Please check the calendar or ask the concierge for those days and times.