

## **Activities Calendar**

### July 6th to July 12th

	Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday
July 6th		July 7th		July 8th		July 9th		July 10th		July 11th		July 12th	
2:00pm		1:00pm 1:30pm	July 7th  Water Aerobics with Tamara Pool Sit and Tone with Renee Laurel Room Rummikub Card Room Meditation Board Room Open Games Card Room		July 8th  Water Aerobics with Tamara Pool Chair Pilates with Tamara Laurel Room Shopping Trip Front Entrance	11:00am 1:00pm 2:00pm		9:30am 10:30am 11:00am 12:00pm 1:00pm 4:00pm 6:00pm	July 10th  Water Aerobics with Tamara Pool Arthritis Mobility with Tamara Laurel Room Tech Class *Sign-up Required Tech Suite Protestant Service Card Room Gather at the Grille Garden Grille Mahjong Card Room Longevity Lecture with Brooke Laurel Room Music on the Great Lawn *Sign-up Required Front Entrance Poker Night Card Room	<u>11:15am</u>	July 11th  Water Aerobics with Tamara Pool Sit and Tone with Denise Laurel Room Gil Harel Music Appreciation Laurel Room Yoga Card Room Bus Trip to Tod's Point *Sign-up Required Front Entrance Stitch & Chat Activities Room Shabbat Card Room Art Discussion with Helane Laurel Room/Zoom	9:00am 11:00am 1:30pm 3:00pm 7:30pm	
									Movie Showing Fever Pitch Laurel Room				



#### Fun Fact (Provided by the Welcoming Committee)

A blood draw takes place every Tuesday, 8-9am, on the Garden Level, across from Assisted Living. No appointment needed. Bring a Rx. It will be processed at Stamford Hospital Lab with results sent to your doctor anywhere.



#### **Health Fact**

If you have a frequent irregular heart rhythm which may or may not be related to dizziness, see your MD because it could be atrial fibrillation which can lead to stroke

Managers On Duty								
Independent Living								
6-Jul	Natalia Lartchikova	phone	(203)-595-2321					
12-Jul	Jay Shankar		(203)-595-2345					
Health Center								
6-Jul	Latrina Annosier	phone	(203)-595-2331					
12-Jul	Bradley Burkart		(203)-595-2403					



# Movies & Showtimes

## July 6th to July 12th

Novie Showing   Scoop   Scoo	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Scoop   Darma th a tim (2024)   The property of the property	July 6th	July 7th	July 8th	July 9th	July 10th	July 11th	July 12th
Comesystan 47m (2023) *Nettle?  Lettal is an Iranian American woman who strives to find balance and embrace her opposing cultures. When her large family reunites in New York City for her father's BEC Newsnight heart transplant, she heart transplant, she keeps everyone at arm's length are sheep severyone length are sheep severyone length are sheep severyone length are sheep severyone leng	2:00pm Movie Showing		7:30pm Movie Showing		7:30pm Movie Showing		3:00pm Movie Showing
*Nertic*  *Person  Lelia is an Iranian  American woman who strives to find balance and embrace her opposing cuttures. When her large family reunites in New York City for her father's heart transplant, she keeps we veryone at arm's length - until a secret is revealed.  *Prime*  *Prime*  *Prime*    When Bon Wrightman   Jimmy Fatlon), a young   paced action or   business woman Lindsey   tacher, begins dating pretty   business woman Lindsey   tacher, begins dating pretty   starring Byrce   starring Byrce   darwing veryone;	The Persian Version				Fever Pitch		Deep Cover
Lelia is an Iranian American woman who strives to find balance and embrace her opposing cuttures. When her large family reunites in New York City for her father's BEC Newsnight heart transplant, she heart transplant, she keeps everyone at arm's length—until a secret is revealed.  Inspired by real events, SCOOP is the inside decount of the tenacious journalism that landed an earthshattering interview— Mecks (Drew Barrymore), the two don't seem to have a beginning to qu they fail in love, regardless, the wood of the same interests, but spearance. From the tension of producer Sam McAllster's high stakes negotations with Buckingham Palace, all the way to Emily Maltis' jaw- dropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview this big, you have to be  Inspired by real events, When Ben Wrightman (Jimmy Fallon, a young teacher, begins dating pretty businesswoman Lindsey teacher, begins dating pretty businesswoman Lindsey the work offers to have a beginning tog they don't seem to have they fall in love, regardless. Their romance goes well until baseball season realizes that Ben is completed basessed with the Boston Red Sox. Though she tries to understand london's gan in presonating criminals.			1				Comedy/Drama 1h 40m (2025)
Leila is an Iranian American woman who strives to find balance and embrace her opposing cultures. When her large family reunites in New York City for her father's hear transplant, she keeps everyone at arm's length – until a secret is revealed.  Inspired by real events, SCOOP is the inside account of the tenacious journalism that landed an earthshatering interview— Prince Andrew's infamous BBC Newsnight appearance. From the tension of producer Sam McAlister's high stakes negotiations with Buckingham Palace, all the way to Emily Malits' jaw- dropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview the big, you have to be  Inspired by real events, When Ben Wrightman (Jimmy Fallon), a young teacher, begins dating pretty starring Protect Howard as Kat (Jimmy Fallon), a young teacher, begins dating pretty starring Protect Howard interview— the two don't seem to have a lot of the same interests, but they fall in love, regardless. Their romance goes well until baseball season Bean) offers h begins, and Lindsey soon realizes that Ben is completely obsessed with (Orando Bloon Mohammed) it the Boston Red Sox. Though she tries to understand London's gam impersonating criminals.	*Netflix*		*Netflix*		*Prime*		*Prime*
American woman who strives to find balance and eacount of the tenacious journalism that landed an earthshattering interview prince Andrew's infamous BBC Newsnight appearance. From the tension of producer Sam McAlister's high stakes negotiations with suckingham Palace, all the way to Emily Maitlis' jaw-dropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get th. To get an interview this big, you have to be greationship.	THE PERSIAN VICTORY OF		SCOOP  ANTILL FAIR  SCOOP  ANTILL FAIR  ONLY ON METERIX SAPRIL		FIVE AND		TOTAL STATE AND
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strives to find balance and embrace her opposing cultures. When her large earthshattering interview — Prince Andrew's infamous BBC Newsnight appearance. From the keeps everyone at arm's tension of producer Sam McAlister's high stakes negotiations with Buckingham Palace, all the way to Emily Maittis' jawdropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview this big, you have to be	American woman who		<u> </u>		_		paced action comedy
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heart transplant, she keeps everyone at arm's length until a secret is revealed.  McAlister's high stakes negotiations with Buckingham Palace, all the way to Emily Maitlis' jaw- dropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview this big, you have to be  tension of producer Sam McAlister's high stakes negotiations with tension of producer Sam McAlister's high stakes until baseball season begins, and Lindsey soon realizes that Ben is completely obsessed with the Boston Red Sox. Though she tries to understand Ben's passionate team loyalty, eventually it threatens to end their otherwise happy relationship.	family reunites in New		Prince Andrew's infamous		the two don't seem to have a		beginning to question if
keeps everyone at arm's length until a secret is revealed.  McAlister's high stakes negotiations with Buckingham Palace, all the way to Emily Maitlis' jawdropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview this big, you have to be  Their romance goes well undercover co be until baseball season begins, and Lindsey soon realizes that Ben is completely obsessed with completely obsessed with the Boston Red Sox. Though she tries to understand Ben's passionate team loyalty, eventually it threatens to end their otherwise happy relationship.	York City for her father's		BBC Newsnight		lot of the same interests, but		she's missed her shot at
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