


Activities Calendar


July 6th to July 12th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 6th	July 7th	July 8th	July 9th	July 10th	July 11th	July 12th
2:00pm Movie Showing The Persian Version Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Sit and Tone with Renee Laurel Room 12:45pm Rummikub Card Room 1:00pm Meditation Board Room 1:30pm Open Games Card Room 3:00pm Ice Cream Social Garden Grille	8:30am Water Aerobics with Tamara Pool 9:30am Chair Pilates with Tamara Laurel Room 11:15am Shopping Trip Front Entrance 2:00pm Four for a Song Concert Laurel Room 4:00pm Cornhole Rooftop Garden 7:30pm Movie Showing Scoop Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Stretch with Renee Laurel Room 10:30am CLC Children's Singing Performance Living Room 11:00am Catholic Mass Laurel Room 1:00pm Seamstress Activities Room 2:00pm Open Games Card Room 3:00pm Afternoon Tea Garden Grille 7:30pm Jeffrey Ebers Piano Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Arthritis Mobility with Tamara Laurel Room 10:30am Tech Class *Sign-up Required Tech Suite 11:00am Protestant Service Card Room 12:00pm Gather at the Grille Garden Grille 1:00pm Mahjong Card Room 4:00pm Longevity Lecture with Brooke Laurel Room 6:00pm Music on the Great Lawn *Sign-up Required Front Entrance 7:00pm Poker Night Card Room 7:30pm Movie Showing Fever Pitch Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Sit and Tone with Denise Laurel Room 11:00am Gil Harel Music Appreciation Laurel Room 11:15am Yoga Card Room 11:30am Bus Trip to Tod's Point *Sign-up Required Front Entrance 2:00pm Stitch & Chat Activities Room 2:00pm Shabbat Card Room 3:00pm Art Discussion with Helane Laurel Room/Zoom 4:00pm Happy Hour Living Room	9:00am Sit and Tone with Denise Laurel Room 11:00am Bible Discussion w/Carolyn Fisher Book of Acts & Some of Paul's Letters Card Room 1:30pm Bingo Activities Room 3:00pm Movie Showing Deep Cover Laurel Room 7:30pm Summer Party Music & Dancing! Rooftop Garden



Fun Fact (Provided by the Welcoming Committee)

A blood draw takes place every Tuesday, 8-9am, on the Garden Level, across from Assisted Living. No appointment needed. Bring a Rx. It will be processed at Stamford Hospital Lab with results sent to your doctor anywhere.





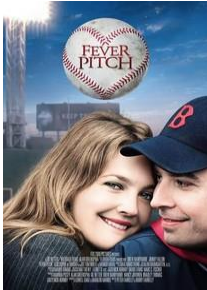

Health Fact

If you have a frequent irregular heart rhythm which may or may not be related to dizziness, see your MD because it could be atrial fibrillation which can lead to stroke

Managers On Duty			
Independent Living			
6-Jul	Natalia Lartchikova	phone	(203)-595-2321
12-Jul	Jay Shankar		(203)-595-2345
Health Center			
6-Jul	Latrina Annosier	phone	(203)-595-2331
12-Jul	Bradley Burkart		(203)-595-2403

Movies & Showtimes

July 6th to July 12th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 6th	July 7th	July 8th	July 9th	July 10th	July 11th	July 12th
<div>2:00pm</div> <div>Movie Showing</div> <div>The Persian Version</div> <div>Comedy 1h 47m (2023)</div> <div>*Netflix*</div> <div></div> <div>Leila is an Iranian American woman who strives to find balance and embrace her opposing cultures. When her large family reunites in New York City for her father's heart transplant, she keeps everyone at arm's length -- until a secret is revealed.</div>		<div>7:30pm</div> <div>Movie Showing</div> <div>Scoop</div> <div>Drama 1h 41m (2024)</div> <div>*Netflix*</div> <div></div> <div>Inspired by real events, SCOOP is the inside account of the tenacious journalism that landed an earthshattering interview -- Prince Andrew's infamous BBC Newsnight appearance. From the tension of producer Sam McAlister's high stakes negotiations with Buckingham Palace, all the way to Emily Maitlis' jaw-dropping, forensic showdown with the Prince, SCOOP takes us inside the story, with the women who would stop at nothing to get it. To get an interview this big, you have to be bold.</div>		<div>7:30pm</div> <div>Movie Showing</div> <div>Fever Pitch</div> <div>Romance/Comedy 1h 43m (2005)</div> <div>*Prime*</div> <div></div> <div>When Ben Wrightman (Jimmy Fallon), a young teacher, begins dating pretty businesswoman Lindsey Meeks (Drew Barrymore), the two don't seem to have a lot of the same interests, but they fall in love, regardless. Their romance goes well until baseball season begins, and Lindsey soon realizes that Ben is completely obsessed with the Boston Red Sox. Though she tries to understand Ben's passionate team loyalty, eventually it threatens to end their otherwise happy relationship.</div>		<div>3:00pm</div> <div>Movie Showing</div> <div>Deep Cover</div> <div>Comedy/Drama 1h 40m (2025)</div> <div>*Prime*</div> <div></div> <div>DEEP COVER is a fast-paced action comedy starring Bryce Dallas Howard as Kat, an improv comedy teacher beginning to question if she's missed her shot at success. When an undercover cop (Sean Bean) offers her the role of a lifetime, she recruits two of her students (Orlando Bloom and Nick Mohammed) to infiltrate London's gangland by impersonating dangerous criminals.</div>