



Activities Calendar

October 26th to November 1st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 26th	October 27th	October 28th	October 29th	October 30th	October 31st	November 1st
<u>9:00am</u> Alzheimer's Walk *Sign-up Required Front Entrance <u>2:00pm</u> Movie Showing Goodbye, Mr. Chips Laurel Room	<u>9:30am</u> Sit And Tone With Denise Laurel Room <u>12:45pm</u> Rummikub Card Room <u>1:00pm</u> Meditation Board Room <u>1:30pm</u> Open Games Card Room <u>1:30pm</u> Trip To The Polls *Sign-up Required Front Entrance <u>2:00pm</u> Jim Clark Saxaphonist Laurel Room <u>3:00pm</u> Ice Cream Social Garden Grille <u>4:00pm</u> Town Hall Laurel Room/Zoom <u>7:30pm</u> Jeffrey Ebers Vocalist Laurel Room	<u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Chair Pilates With Tamara Laurel Room <u>10:30am</u> Art with Michele *Sign-up Required Activities Room <u>11:15am</u> Shopping trip Front Entrance <u>1:30pm</u> Trip To The Polls *Sign-up Required Front Entrance <u>2:00pm</u> Janice Friedman Duo Laurel Room <u>3:00pm</u> Bible Study Card Room <u>4:00pm</u> Book Talk By Jean Duffy "Soccer Grannies" Laurel Room <u>7:30pm</u> Movie Showing Caramelo Laurel Room	<u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Stretch with Renee Laurel Room <u>11:00am</u> Catholic Mass Laurel Room <u>1:00pm</u> Seamstress Activites Room <u>1:30pm</u> Bus Tour With Bobbie Hopkins Greenwich Ave, Points West *Sign-up Required Front Entrance <u>1:30pm</u> Trip To The Polls *Sign-up Required Front Entrance <u>2:00pm</u> Open Games Card Room <u>3:00pm</u> Afternoon Tea Garden Grille <u>3:30pm</u> Cornhole Laurel Room <u>7:30pm</u> Bonnie Rapp Piano Laurel Room	<u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Arthritis Mobility with Tamara Laurel Room <u>11:00am</u> Protestant Service w/Rev Mark Lingle Card Room <u>1:00pm</u> Mahjong Card Room <u>1:00pm</u> Wheelchair & Walker Repair Garden Level <u>1:30pm</u> Trip To The Polls *Sign-up Required Front Entrance <u>4:00pm</u> Chamber Players Concert & Reception Laurel Room <u>7:00pm</u> Poker Night Card Room <u>7:30pm</u> Movie Showing A Walk in the Woods Laurel Room	<u>8:30am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Sit and Tone with Denise Laurel Room <u>11:15am</u> Yoga Laurel Room <u>1:30pm</u> Trip To The Polls *Sign-up Required Front Entrance <u>2:00pm</u> Shabbat with David Loewenberg Card Room <u>3:00pm</u> Knitting Circle Activities Room <u>4:00pm</u> Halloween Happy Hour Living Room	<u>8:15am</u> Water Aerobics with Tamara Pool <u>9:30am</u> Sit And Tone With Denise Laurel Room <u>10:30am</u> Science Saturday Led by Mark Goldsmith Card Room <u>3:00pm</u> Movie Showing After Life Laurel Room <u>7:30pm</u> Arcadia Jazz Trio Laurel Room

**Fun Fact (Provided by the Welcoming Committee)**

You can arrange to use the private dining (up to 12 people) for your gathering (residents or outside guests). Book room through Sandi Kornblum, Activities Director. Discuss menu with Jay Shankar or Dennys Matias.

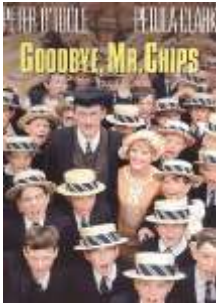
**Health Fact**

American Heart Association noted that gum inflammation has been associated with blood inflammation & heart disease. Regular brushing, flossing, and dental cleaning is advised.

Managers On Duty			
Independent Living			
26-Oct	Albert Soe	Phone	(203)-595-2417
1-Nov	Bryan Sy	Phone	(203)-595-2311
Health Center			
26-Oct	Chris Massaro	Phone	(203)-595-2407
1-Nov	Sandra Giafardino	Phone	(203)-595-2400

Movies & Showtimes

October 26th to November 1st

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 26th	October 27th	October 28th	October 29th	October 30th	October 31st	November 1st
2:00pm Movie Showing Goodbye, Mr. Chips Musical/Romance 2h 31m (1969)  Stuffy young Latin instructor Arthur Chipping (Peter O'Toole) is widely disliked by his young charges at a small public school in Great Britain in the 1920s, until he finds his life turned around by charming music hall singer and comedienne Katherine Bridges (Petula Clark). Though her lower-class past impedes Chipping's longed-for rise to headmaster, the students become devoted to her good-hearted warmth, which also helps transform the once-despised "Chips" into a beloved school figure.		7:30pm Movie Showing Caramelo Drama 1h 41m (2025)  After a life-changing diagnosis, a promising chef finds hope and humor with the help of a fur-midable dog friend in this heartwarming drama.		7:30pm Movie Showing A Walk in the Woods Comedy/Drama 1h 44m (2015)  Travel writer Bill Bryson (Robert Redford) takes a long-lost old friend (Nick Nolte) for a hike along the Appalachian Trail, which stretches more than 2,000 miles from Georgia to Maine.		3:00pm Movie Showing After Life Comedy 1h 20m (2019) Season 1 (Episodes 1, 2, 3)  Tony had a perfect life -- until his wife Lisa died. After that tragic event, the formerly nice guy changed. After contemplating taking his life, Tony decides he would rather live long enough to punish the world by saying and doing whatever he likes. He thinks of it as a superpower -- not caring about himself or anybody else -- but it ends up being trickier than he envisioned when his friends and family try to save the nice guy that they used to know. Golden Globe winner Ricky Gervais stars in the comedy series, which he also writes and directs.