





# Activities Calendar

October 5th to October 11th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 5th	October 6th	October 7th	October 8th	October 9th	October 10th	October 11th
2:00pm <b>Movie Showing</b> Downton Abbey: The Grand Finale Laurel Room	9:30am <b>Sit And Tone with Renee</b> Laurel Room	8:30am <b>Water Aerobics with Tamara</b> Pool	8:30am <b>Water Aerobics with Tamara</b> Pool	8:30am <b>Water Aerobics With Tamara</b> Pool	8:30am <b>Water Aerobics with Tamara</b> Pool	8:15am <b>Water Aerobics with Tamara</b> Pool
2:30pm <b>Orchestra Lumos Concert</b> *Sign-up Required Front Entrance	12:45pm <b>Rummikub</b> Card Room	9:30am <b>Chair Pilates With Tamara</b> Laurel Room	9:30am <b>Vaccine Clinic</b> *Please check your assigned wing time Card Room	9:30am <b>Arthritis Mobility With Tamara</b> Laurel Room	9:30am <b>Sit And Tone With Renee</b> Laurel Room	9:30am <b>Sit And Tone With Denise</b> Laurel Room
	1:00pm <b>Meditation</b> Board Room	11:00am <b>Sound Meditation</b> Card Room	9:30am <b>Stretch With Renee</b> Laurel Room	10:30am <b>Tech Class: Spam &amp; Scams</b> *Sign-up Required Tech Suite	11:15am <b>Yoga</b> Laurel Room	11:00am <b>Bible Discussion w/Carolyn Fisher</b> New Testament Letters Card Room
	1:30pm <b>Open Games</b> Card room	11:15am <b>Shopping Trip</b> Front Entrance	11:00am <b>Catholic Mass</b> Laurel Room	11:00am Protestant Service w/Rev Mark Lingle Card Room	11:30am <b>Bus Trip To Tod's Point</b> *Sign-up Required Front Entrance	1:30pm <b>Bingo</b> Activites Room
	3:00pm <b>Ice Cream Social</b> Garden Grille	2:00pm <b>Great Courses (Forgotten America)</b> Laurel Room/Zoom	11:00am <b>Activities Committee</b> Activites Room	12:00pm <b>Gather at the Grille</b> Garden Grille	2:00pm <b>Shabbat with David Loewenberg</b> Card Room	3:00pm <b>Movie Showing</b> Radio Days
	3:30pm <b>Cornhole</b> Laurel Room	4:00pm <b>Museum Comes To You</b> Laurel Room	12:00pm <b>Health Committee</b> Laurel Room	1:00pm <b>Mahjong</b> Card Room	3:00pm <b>Knitting Circle</b> Activites Room	4:00pm <b>Alzheimer's Raffle Sale Preview</b> Pub
	7:30pm <b>Vinnie Ferrone Singer</b> Laurel Room	7:30pm <b>Documentary Showing: Emma &amp; Bruce Willis The Unexpected Journey</b> Laurel Room	1:00pm <b>F&amp;B Committee</b> Laurel Room	1:00pm <b>Tech Class: Spam &amp; Scams</b> *Sign-up Required Tech Suite	3:00pm <b>Art with Helane (In person)</b> Laurel Room/Zoom	7:30pm <b>Kismet Duo Vocalist &amp; Pianist</b> Laurel Room
			1:00pm <b>Library Committee</b> Library	2:30pm <b>Trivia</b> Parlor	4:00pm <b>Happy Hour</b> Living Room	
			1:00pm <b>Seamstress</b> Activites Room	4:00pm <b>Legislative Lecture</b> Stamford Mayor Caroline Simmons Laurel Room	4:00pm <b>Alzheimer's Raffle Sale Preview</b> Pub	
			2:00pm <b>Open Games</b> Card Room	7:00pm <b>Poker Night</b> Card Room		
			3:00pm <b>Ferguson Bookmobile</b> Front Entrance	7:30pm <b>Movie Showing</b> ABBA: Against the Odds Laurel Room		
			3:00pm <b>Afternoon Tea</b> Garden Grille			
			3:00pm <b>Grounds Committee</b> Activites Room			
			3:30pm <b>Armchair Travels (France)</b> Laurel Room			
			4:00pm <b>Jim Levey China Lecture-Canceled</b> Laurel Room			




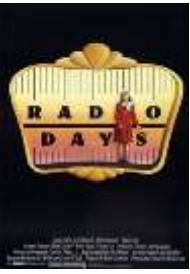
**Fun Fact (Provided by the Welcoming Committee)**  
Chef will be happy to cater a party or meal in your apartment.  
Talk with Jay Shankar or Dennys Matias to arrange details.

**Health Fact**  
Research shows people with a positive outlook live longer.

Managers On Duty			
Independent Living			
5-Oct	Maureen Jennings	phone	(203)-595-2309
11-Oct	Albert Soe		(203)-595-2417
Health Center			
5-Oct	Ronie Rusea-Robinson	phone	(203)-595-2405
11-Oct	Johnny Castro		(203)-595-2400

# Movies & Showtimes

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 5th	October 6th	October 7th	October 8th	October 9th	October 10th	October 11th
<div><div>2:00pm</div><div>Movie Showing</div><div>Downton Abbey: The Grand Finale</div><div>Drama 2h 3m (2025)</div><div></div><div>DOWNTON ABBEY: THE GRAND FINALE, the cinematic return of the global phenomenon, follows the Crawley family and their staff as they enter the 1930s. When Mary finds herself at the center of a public scandal and the family faces financial trouble, the entire household grapples with the threat of social disgrace. The Crawleys must embrace change as the staff prepares for a new chapter with the next generation leading Downton Abbey into the future.</div></div>		<div><div>7:30pm</div><div>Documentary Showing: Emma &amp; Bruce Willis The Unexpected Journey</div><div></div><div>The special takes viewers inside the love story of Bruce Willis and Emma Heming Willis and the new reality this beloved family faces since Bruce was diagnosed with frontotemporal dementia in 2022. In a rare and candid conversation, Emma Heming Willis shares her deeply personal story with Diane Sawyer, including the joy of their life together, the heartbreak of the diagnosis, and her evolving role as Bruce's care partner.</div></div>		<div><div>7:30pm</div><div>Movie Showing</div><div>ABBA: Against the Odds</div><div>Documentary 1h 30m (2024)</div><div></div><div>2024 is the 50th anniversary of ABBA's iconic performance and victory at Eurovision. With the contest taking place in Sweden, this film celebrates that historic occasion by telling the epic story of ABBA's greatest period of musical achievement.</div></div>		<div><div>3:00pm</div><div>Movie Showing</div><div>Radio Days</div><div>Comedy 1h 28m (1987)</div><div></div><div>A middle-aged man looks back on his childhood in Rockaway, N.Y., in a series of vignettes focused on the golden days of radio. Joe (Woody Allen), who narrates, is portrayed as a teenager in the film by Seth Green. Eccentric relatives and radio personalities inhabit various stories, including an unlucky aunt (Dianne Wiest), a cigarette girl (Mia Farrow) with career ambitions, and two burglars with excellent timing. Young Joe involves his friends in a scam to earn a decoder ring.</div></div>