



## LUNCH

### SOUP DU JOUR

### CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN  
CAESAR DRESSING TOPPED WITH  
HERBED CROUTONS & SHAVED  
PARMESAN

### HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER  
& ONION WITH CHOICE OF DRESSING

## MAIN COURSE

### EDGEHILL SUPERFOODS SALAD

BABY SPINACH, QUINOA, EDAMAME,  
BLUEBERRIES, DRIED CRANBERRIES,  
GOAT CHEESE, SUNFLOWER SEEDS &  
WALNUTS ORANGE GARLIC OLIVE OIL  
DRESSING

CHOICE OF GRILLED CHICKEN, SHRIMP  
OR SALMON

### AVOCADO TOAST

TOASTED & GRAIN BREAD TOPPED  
WITH SWEET ROASTED RED  
TOMATOES

### CHICKEN SALAD BLT

ON WHITE BREAD WITH LETTUCE  
AND TOMATO & CRISP BACON

### VERMONT CHEDDAR BURGER

ANGUS STEAKHOUSE BURGER OR  
TURKEY BURGER LETTUCE, TOMATO  
& RED ONION ON BRIOCHE

### LAMB GYRO WRAP

TZATZIKI SAUCE, LETTUCE,  
TOMATO & RED ONION

### TARRAGON SHRIMP SALAD ON

### 7 GRAIN BREAD

CREAMY DRESSING WITH BABY  
SPINACH & TOMATO

### GRILLED BALSAMIC & OLIVE

### OIL CHICKEN BREAST

FRESH ARUGULA, TOMATO & RED  
ONION ON A BRIOCHE ROLL

## SIDES

COLE SLAW

ONION RINGS

FRENCH FRIES

SWEET POTATO FRIES

## SALAD PLATTERS

ALBACORE TUNA

CHICKEN SALAD

EGG SALAD

WEEK 7

MONDAY THROUGH SATURDAY

FEBRUARY 23<sup>RD</sup> TO FEBRUARY 28<sup>TH</sup>