

Activities Department

At Edgehill we are a team of individuals committed to one goal: providing consistent and interesting programming that exceeds our residents' expectations. Please reach out to us with any questions, feedback or suggestions you have.

Director: Sandi Kornblum

skornblum@benchmarkquality.com.

To reach Sandi, dial 203-595-2302.

Programming Assistants:

Jenna O'Brien jobrien@benchmarkquality.com

Dylan Poma dpoma@benchmarkquality.com

The office phone number is 203-595-2322.

Please reach out to us with any questions you may have.

Hours of Operation

Monday to Sunday 9:00 AM to 5:00 PM. Our office is located in the south wing corridor across from the Country Store and next to the Grille Room.

IT Services

Sofia Santiago is Edgehill's full-time IT Specialist. Sofia can be reached at ssantiago@benchmarkquality.com

Or 203-595-2378. IT services are available Monday to Friday, 9:30 AM - 4:30 PM. Tech assistance is available on the following devices: Computers, printers, TV's (non-cable) and all mobile devices. While it is not in our scope of service, we do our best to assist with hardware installation and networking and can offer outside resources when needed. Appointments in the Tech Suite, In House Appointments and Walk-ins are available. Appointments are highly encouraged for your convenience. Tech classes are also available every other Thursday at 10:30 AM and 1:00 PM. Tech class topics vary and are listed on the calendar. Sign up is required.

Publications

Monthly Calendar: This is placed in your internal mailbox on the first of every month and is a complete list, by day, of every activity scheduled. Extra copies are always available at the concierge desk and in the activity room.

Weekly Highlights: This is placed in your internal mailbox every Friday and gives an overview of programs and special events that are taking place in the coming week. It also contains updates and reminders of interest. Extra copies are always available at the concierge desk and in the activity room.

Weekly Schedule: This is placed in your internal mailbox every Friday and is a complete list, by day, of all scheduled

activities for the upcoming week. Extra copies are always available at the concierge desk and in the activity room.

Daily Schedule: These are posted by every resident elevator on every floor and at the front desk. It is the listing of all activities for the day and their location. Extra copies are always available at the concierge desk.

Flyers: These are placed in your internal mailbox each week. Various flyers detail the description of all the special events for the upcoming weeks including their location, date, time and instructions about sign-ups if required or if you need reservations.

Invitations: If there is a special event that requires an invitation, you will receive it in your internal mailbox. The invitation will have a description of the event, date, time and location and instructions. If sign-up is required, please make your reservations or RSVP as soon as possible.

Lobby TV: In the lobby, there is a digital screen which has a rotating display of the daily calendar, special event flyers and announcements.

Sign-Up Sheets: On the concierge desk, there is a blue binder that contains any sign-up sheets that are required for an event. The events are listed in chronological order.

Bulletin Boards: are located at the first-floor entrance of the West and East Wing Elevator and across from the activities department. All flyers for upcoming events are posted on the bulletin boards. The activities board near the internal mailboxes contains additional notices and community announcements.

ACTIVITIES SCHEDULE

Please check the weekly and daily calendars for the most up-to-date information

Exercise: Water Exercise class in our pool is offered Tuesday – Friday mornings at 8:30 AM and at 8:15 Am on Saturdays. Every morning at 9:30 AM (except Sunday) we offer exercise in the Laurel room. Every week we offer Chair Pilates, Arthritis Mobility, Stretch, and General Toning classes. We also offer Meditation and Yoga. Please check the calendar for details.

Religious Services: Catholic Mass takes place every Wednesday at 11:00 AM in the Laurel Room and Protestant Services occur every Thursday at 11:00 AM in the Card Room. Twice a month Shabbat is held in the Card Room at 2:00 PM on Fridays as noted on the calendar. Bible Study group headed by local clergyman takes place every other

Tuesday afternoon. A Saturday Bible Discussion led by an Edgehill Resident occurs every other week.

Movies: Current, Classics, Comedies as well as Documentaries are shown in the Laurel room at 7:30 PM on Tuesday and Thursday night. There is a matinee most Saturdays at 3:00 PM and on Sunday at 2:00 PM. One Saturday per month we show a “Met in HD” Opera at 1:45 PM. Please check the monthly calendar for upcoming viewings.

Music: Every Friday afternoon we have a piano player playing at Happy Hour in the living room at 4:00 pm. We offer special evening music performances and/or dramatic performances during the week and on Saturdays. We have annual performances by the Greenwich Chamber Players as well as violin, cello and piano concerts by Connecticut and New York City based classical and jazz groups.

Lectures: Many afternoons there is a lecture in the Laurel Room. Topics range from Art, Opera, Classical Music, Popular Music, International Current Events, Health, History & Architecture. Every other Tuesday afternoon at 2:00, we show a “Great Courses” class. Please check the monthly calendar for upcoming lectures. We have a monthly

presentation coordinated with the Greenwich Retired Men's Association.

Art: We have a Mixed Media Art class on Tuesday mornings (Twice a month). Sign-ups are required for these popular classes. You are welcome to create projects with our fully stocked art supply cabinet that is available to residents any time the activities room is open.

Games: Every Monday afternoon, the card room is reserved for card games. Groups of residents get together to play Rummikub at 12:45 PM and open games begin at 1:30 PM.

Every Wednesday afternoon there is an Intermediate Bridge class at 2:00 PM and Beginner Bridge class at 3:30 PM which are open to all residents. In addition, residents often congregate in the card room to play private Bridge games during the week.

Every Thursday on Thursdays at 1:00 PM we have Guided Play Mahjong in the card room. Every Thursday night at 7:00 PM there is a Poker Game that is open to all players in the card room. We also have many board games available for use. Please check the daily calendar for locations.

Trips: Every Tuesday morning the bus takes residents to the local shopping center where you can get groceries, go to the post office, stop into CVS and much more. We have bus trips to the local churches on Sundays. In the summer we have

weekly trips to Greenwich Beach – Tod's Point for lunch on Fridays. We visit local museums, vineyards, and gardens. We also offer transportation to the Greenwich and Stamford Symphonies during the season, and several local live theatres and music venues during the calendar year. We offer bus tours of Greenwich given by residents who have lived in the area for a long time and have interesting stories to tell about certain locations. At Christmas we have a nighttime tour of the local holiday lights.

Luncheons: We have a New Resident Lunch every other month. You will receive an invitation in your internal mailbox. This is a great opportunity to meet other new residents who have also recently moved into the community. There is a Resident Birthday Lunch quarterly for everyone who has a birthday in the celebrated time period. You will get an invitation in your internal mailbox when your birthday is being celebrated. There are also periodic Men's Luncheons. If you plan to attend these events, please be sure to RSVP.

Parties: Here at Edgehill, we need very little excuse to party. We celebrate all the major holidays like New Years, Valentine's Day, Chinese New Year, Mardi Gras and St. Patrick's Day to name a few. Everyone is welcome although reservations are required for dinner. This is a great chance to get out and meet your new neighbors. Seasonally, we have a

Cocktail Parties which are by invitation only. It is an opportunity for old and new residents to mingle in a smaller environment. Our monthly New Resident Luncheons are also opportunities for new residents to socialize and meet each other in a smaller environment. You will receive an invitation to all events in your internal mailbox.

Vendors: Occasionally vendors come to sell their products in the living room - clothing, accessories, beauty products, and more. Most of them accept cash, check or credit card and you pay them directly. We also have a seamstress and a jeweler who visit the community monthly, in the activities room, who will alter and repair items for a reasonable fee. Please check the monthly calendar for upcoming dates.

Seamstress: Edgehill's very own, Nibia, is here every Monday at 11:00 AM – 12:00 PM, in the activities room to repair or alter your clothing. You drop off whatever needs to be fixed and she will return it the following week either to your apartment or you can pick it up in the activities room. There is a place to try on clothing that needs to be altered. Her prices are reasonable. Please pay her directly in cash.

Jewelry Repair: Krikov Jewelers is here every third Thursday of the month at 11:00 AM offering jewelry repairs and jewelry for sale.

Massage: Massages by appointment only are available by Athena Coroneos on Mondays in our massage suite on the Garden Level. Please pick up a brochure in the activities office for more information and to schedule massage service.

Town Hall: These meetings are an excellent way to find out what is going on in our community at Edgehill. The monthly Town Hall meeting takes place on the fourth Monday of the month at 4:00 PM in the Laurel Room.

The Resident Council

The purpose of the Council is to enable residents to participate in – and often initiate – decisions that make Edgehill a pleasant, stimulating, and caring community. There is a close working relationship between the council and various members of management to achieve these objectives.

The Council has six officers and ten committee chairpersons. The six officers that comprise the Executive Committee are: President, Vice President, Treasurer Assistant Treasurer, Corresponding Secretary, Recording Secretary and Treasurer. The Executive Committee meets in a closed-door session in the boardroom on the second

Monday of the month, excluding December. All of its' decisions must be endorsed by the full Resident Council at its meetings on the third Monday of the month.

The monthly Resident Council Meeting occurs on the third Monday of every month at 9:45 AM in the Laurel Room.

Council meetings are open to all residents. While guests are not permitted to speak during the actual Council meeting, comments and questions may be heard prior to the official closing of the meeting.

The various committees that make up the Residents Council are listed and described below. The committees meet monthly (except July and December) at a time and place proposed by the chairperson. Its deliberations are reported to Council monthly, with a written copy presented to the recording secretary for inclusion in the minutes. Everyone is welcome to attend. Please check the monthly calendar, the date, time and location of each committee meeting. Each committee has a specified mission.

Activities: support the Edgehill Activities department in developing and implementing programs of entertainment, enrichment and education that are not covered by other committees.

Associates Appreciation Fund: is a vehicle for residents to express their appreciation for the many services performed

by Edgehill staff members (known as Associates) who do not receive a bonus from the owner. Donations are solicited from residents twice a year and distributed according to a formula composed of hours worked and seniority.

Food & Beverage liaises between residents and dining room staff regarding food choice, preparation and serving.

Grounds: works with a professional landscaper to ensure variety, beauty and health of the plantings.

Health: discusses relevant physical and mental health issues in the Edgehill community, making recommendations and implementing them when appropriate. It also facilitates health lectures and programs deemed important to residents. In-house health care is emphasized.

House: serves as a forum for residents to communicate their needs, ideas, and concerns to the management to improve the overall well-being, safety, and morale of the residents.

Legislation: researches and reports on current happenings in the State legislature, helps with voter registration and provides transportation to the polls.

Library: subscribes to several newspapers and purchases new books from monies collected by the resident Tribute

Fund. Re-shelves returned books and generally keeps order in the library.

Social Action: is a wide-ranging committee that touches residents' lives and those of the needy in the community. Reading to children and collecting clothes for Person-to-Person are complemented by two large fundraisers each year benefiting Alzheimer's' research and the Bennett Cancer Center.

Welcoming: meets, greets, and supports new residents, with the goal of smooth assimilation into the Edgehill community.

If you are interested in joining any of these committees, please contact the Resident Council President and she will put you in touch with the appropriate Committee Chairperson.

Schedule of Group Exercise Classes

All exercise classes are open to all residents. Please be sure to bring water with you to all exercise classes!

Monday

9:30 AM Sit & Tone Class in the Laurel Room

1:00 PM Meditation in the Board Room

Tuesday

8:30 AM Water Exercise Class in the pool

9:30 AM Chair Pilates Class in the Laurel Room

Wednesday

8:30 AM Water Exercise Class in the Pool

9:30 AM Gentle Stretch Class in the Laurel Room

Thursday

8:30 AM Water Exercise Class in the Pool

9:30 AM Arthritis Mobility Class in the Laurel Room

Friday

8:30 AM Water Exercise Class in the Pool

9:30 AM Sit & Tone Class in the Laurel Room

11:15 AM Yoga in the Laurel Room

Saturday

8:15 AM Water Exercise Class in the Pool

9:30 AM Sit & Tone Class in the Laurel Room

During the month we also offer: Yoga, and Meditation.

Please check the calendar or ask the concierge for those days and times.

Frequently Asked Questions

Do I need reservations / sign-up to attend events? All events on the schedule are open to all residents unless it specifically says that you must sign up. If there is a sign-up required, the book is on the concierge desk, and you just need to go to the date of the event and there will be a sheet for your name and apartment number. All sign-up events are on a first-come, first-served basis. There may be a date by which the sign-up must occur, but if not specified you can sign up until the day before the event is to take place.

Is there any charge for events? All events are free unless otherwise specified. If there is a transportation charge for a trip, it will be specifically noted.

Do I need reservations for parties? The cocktail and entertainment segments of the parties are free and open to all. Dinner reservations for parties will follow the Food & Beverage (F&B) protocols. You should check with F&B to see if the special dinners require a meal charge