

## Edgehill Weekly Activities

### Sunday

- 9:15 a.m. **Yoga** | Laurel Room
- 2:00 p.m. **Greenwich Symphony Orchestra Trip** | Front Entrance
- 6:00 p.m. **Movie Matinee: Gypsy** | Laurel Room

### Monday

- 8:30 a.m. **Water Aerobics** | Pool
- 9:30 a.m. **Sit & Tone** | Laurel Room
- 1:00 p.m. **Rummikub** | Card Room
- 1:30 p.m. **Open Game Play** | Card Room
- 2:00 p.m. **Documentary Showing: West Side Story** | Laurel Room
- 2:00 p.m. **Short Stories** | Zoom
- 3:00 p.m. **Modern Photography** | Living Room
- 4:00 p.m. **Edgehill Town Hall** | Laurel Room

### Tuesday

- 8:30 a.m. **Water Aerobics** | Pool
- 9:30 a.m. **Chair Pilates** | Laurel Room
- 10:00 a.m. **Jewelry Pop-Up Shop** | Living Room
- 11:15 a.m. **Greenwich Avenue Shopping Trip** | Front Entrance
- 11:15 a.m. **Meditation** | Laurel Room
- 1:00 p.m. **Great Courses Lecture** | Laurel Room
- 1:00 p.m. **Social Action Committee Meeting** | Living Room
- 2:00 p.m. **Jazz Concert** | Laurel Room
- 3:00 p.m. **Bible Study** | Card Room
- 3:00 p.m. **Cornhole** | Laurel Room
- 7:30 p.m. **Movie Showing: The English Patient** | Laurel Room

### Wednesday

- 8:30 a.m. **Water Aerobics** | Pool
- 9:35 a.m. **Stretch & Flex** | Laurel Room
- 11:00 a.m. **Catholic Mass** | Laurel Room
- 12:00 p.m. **Great Courses Lecture** | Laurel Room
- 12:30 p.m. **Gather at the Grille** | Grille Room
- 2:00 p.m. **Intro to Bridge** | Card Room
- 2:00 p.m. **Health Committee** | Laurel Room
- 3:00 p.m. **Ferguson Book Mobile** | Front Entrance
- 3:00 p.m. **Afternoon Tea** | Garden Grille
- 3:30 p.m. **Advanced Bridge** | Card Room
- 5:00 p.m. **Pub Night** | Pub
- 7:30 p.m. **Movie Showing: Funny Girl** | Laurel Room

### Thursday

- 8:30 a.m. **Water Aerobics** | Pool
- 8:30 a.m. **Arthritis Mobility Exercise** | Laurel Room
- 11:00 a.m. **Legislative Committee Meeting** | Laurel Room
- 11:00 a.m. **Protestant Service** | Card Room
- 12:00 p.m. **Movie Committee** | Activities Room
- 1:00 p.m. **Mahjong** | Card Room
- 2:30 p.m. **Health Committee** | Board Room
- 4:00 p.m. **Opera Lecture** | Laurel Room
- 7:00 p.m. **Poker Night** | Card Room
- 7:30 p.m. **Movie Screening: The Color Purple** | Laurel Room



## Friday

- 8:30 a.m. **Water Aerobics** | Pool
- 9:30 a.m. **Sit & Tone** | Laurel Room
- 10:30 a.m. **Legislative Committee Meeting** | Board Room
- 11:30 a.m. **Technology Tips & Tricks Seminar** | Technology Center
- 1:00 p.m. **Art with Jocelyn** | Activities Room
- 2:00 p.m. **Knitting Club** | Activities Room
- 2:00 p.m. **Shabbat** | Card Room
- 2:20 p.m. **Bus to Orchestra Lumos** | Front Entrance
- 4:00 p.m. **Happy Hour** | Living Room

## Saturday

- 9:15 a.m. **Cardio & Agility** | Laurel Room
- 10:30 a.m. **Science Saturday** | Laurel Room
- 11:00 a.m. **Bus to Tod's Point Luncheon** | Front Entrance
- 1:45 p.m. **Opera Lecture** | Laurel Room
- 2:00 p.m. **Bible Study** | Card Room
- 3:00 p.m. **Movie Showing: Chicago** | Laurel Room
- 5:30 p.m. **Conversation Table** | Private Dining Room

## Off Campus Trips

Explore other local cultural opportunities including:

**Bruce Museum**

**Stamford Museum & Nature Center**

**Greenwich Avenue Shopping**

**Todds Point**

**Stamford Palace Theatre**

**Westport Country Playhouse**



122 Palmers Hill Road  
Stamford, CT 06902



**EDGEHILL**

*A Benchmark Lifecare Community*

