



Activities Calendar

August 16th to August 22nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 16th	August 17th	August 18th	August 19th	August 20th	August 21st	August 22nd
3:00pm Movie Showing Anatomy of a Murder Laurel Room	9:30am Morning Exercise-Canceled Laurel Room 9:45am Resident Council Laurel Room/Zoom 12:30pm Rummikub Card Room 1:00pm Meditation Board Room 1:30pm Open Games Living Room 2:00pm Nicole Wang Pianist Laurel Room 3:00pm Ice Cream Social Garden Grille	8:30am Water Aerobics with Tamara Pool 9:30am Chair Pilates with Tamara Laurel Room 10:00am Legislative Committee Board Room 11:15am Shopping Trip *Sign-up Required Front Entrance 2:00pm Jim Clark Saxophonist A Musical Journey Across America Laurel Room 3:00pm Shabbat Card Room 4:00pm Museum Comes to You w/Darby Dutch Landscape Painting Laurel Room 5:45pm Conversation Table *By Invitation Private Dining Room 7:30pm Movie Showing Coming to America Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Stretch with Renee Laurel Room 11:00am Catholic Mass Laurel Room 11:30am Lunch Bunch at Kouzina Greek Taverna & Bar *Sign-up Required Front Entrance 12:00pm Intermediate Bridge Lessons Card Room 1:00pm Seamstress Activities Room 2:00pm Open Games Living Room 2:00pm Great Courses: U.S. Musical Heritage American Dance & Spiritual Music Laurel Room 2:30pm Beginner Bridge Lessons Card Room 3:00pm Ferguson Bookmobile Front Entrance 3:00pm Afternoon Tea Garden Grille 4:00pm Rory Gordon Guitarist Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Arthritis Mobility with Tamara Card Room 10:30am Tech Class: Instacart *Sign-up Required Tech Suite 11:00am Protestant Service w/Rev. Michael Southwick Card Room 11:00am Krikor Jewelry Repair Activities Room 12:00pm Gather at the Grille Garden Grille 1:00pm Mahjong Card Room 1:00pm Tech Class: Instacart *Sign-up Required Tech Suite 3:45pm Ginny Poleman Virtual NYC Empire State Building Laurel Room 6:30pm Music on the Great Lawn *Sign-up Required Front Entrance 7:00pm Poker Night Card Room 7:30pm Movie Showing All is Lost Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Sit and Tone with Renee Laurel Room 11:15am Yoga Laurel Room 11:30am Bus Trip to Tod's Point *Sign-up Required Front Entrance 3:00pm Knitting Circle Activities Room 4:00pm Happy Hour Living Room	8:15am Water Aerobics-Canceled Pool 9:30am Sit and Tone with Renee Laurel Room 11:00am Bible Discussion w/Carolyn Fisher 1 and 2 Peter Card Room 1:30pm Bingo Activities Room 3:00pm Movie Showing Laurel Room Mrs. Doubtfire 7:30pm Jim Clark Trio Laurel Room



Fun Fact (Provided by the Welcoming Committee)

If your brown bag order is incorrect, call the concierge. The missed items will delivered to your apartment.



Heath Fact

Three million people in the US are diagnosed with skin cancer. Important to use a sunscreen with an SPF of 30 or higher & avoid direct sun from 10 AM to 4 PM.

Managers On Duty

Independent Living			
16-Aug	Trisha Kennedy	phone	(203)-595-2312
22-Aug	Albert Soe		(203)-595-2417
Health Center			
16-Aug	Marisol Vega	phone	(203)-595-2404
22-Aug	Renata Budnik		(203)-595-2405

Movies & Showtimes

August 16th to August 22nd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 16th	August 17th	August 18th	August 19th	August 20th	August 21st	August 22nd
3:00pm Movie Showing Anatomy of a Murder Crime/Drama 2h 40m (1959) Rated-PG  Directed by Otto Preminger. Semi-retired Michigan lawyer Paul Biegler (James Stewart) takes the case of Army Lt. Manion (Ben Gazzara), who murdered a local innkeeper after his wife (Lee Remick) claimed that he raped her. Over the course of an extensive trial, Biegler parries with District Attorney Lodwick (Brooks West) and out-of-town prosecutor Claude Dancer (George C. Scott) to set his client free, but his case rests on the victim's mysterious business partner (Kathryn Grant), who's hiding a dark secret.		7:30pm Movie Showing Coming to America Comedy/Romance 1h 56m (1988) Rated-R  Prince Akeem (Eddie Murphy) is the prince of a wealthy African country and wants for nothing, except a wife who will love him in spite of his title. To escape an arranged marriage, Akeem flees to America accompanied by his persnickety sidekick, Semmi (Arsenio Hall), to find his queen. Disguised as a foreign student working in fast food, he romances Lisa (Shari Headley), but struggles with revealing his true identity to her and his marital intentions to his king father (James Earl Jones).		7:30pm Movie Showing All is Lost Adventure/Mystery 1h 45m (2013) PG-13  During a solo voyage in the Indian Ocean, a veteran mariner (Robert Redford) awakes to find his vessel taking on water after a collision with a stray shipping container. With his radio and navigation equipment disabled, he sails unknowingly into a violent storm and barely escapes with his life. With any luck, the ocean currents may carry him into a shipping lane -- but, with supplies dwindling and the sharks circling, the sailor is forced to face his own mortality.		3:00pm Movie Showing Mrs. Doubtfire Family/Comedy 2h 5m (1993) PG-13  An unemployed actor disguises himself as an elderly nanny (Robin Williams) in order to spend more time with his estranged family.