EDGEHILL
A Benchmark Lifecare Community

Activities Calendar

November 1st to November 7th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 1st	**November 2nd**	**November 3rd**	**November 4th**	**November 5th**	**November 6th**	**November 7th**
3:00pm **Movie Showing** Swept Away..by an Unusual Destiny in the Blue Sea of August *Laurel Room*	8:30am **Water Aerobics with Dana** *Pool* 9:30am **Sit and Tone with Renee** *Laurel Room* 12:30pm **Rummikub** *Card Room* 1:00pm **Meditation** *Board Room* 1:30pm **Open Games** *Living Room* 2:00pm **Cornhole** *Laurel Room* 3:00pm **Ice Cream Social** *Garden Grille* 4:00pm **Malcom De Mayo** Understanding AI *Laurel Room* 7:30pm **Singer Bonnie Rapp** *Laurel Room*	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Chair Pilates with Tamara** *Laurel Room* 10:00am **Trip To The Polls** *Sign-up Required *Front Entrance* 10:30am **Tech Class: Online Shopping** *Signup-Required *Tech Suite* 10:30am **Art with Michelle** Journey to Japan *Sign-up Required *Laurel Room* 11:15am **Shopping Trip** *Sign-up Required *Front Entrance* 1:00pm **Tech Class: Online Shopping** *Signup-Required *Tech Suite* 1:30pm **Trip To The Polls** *Sign-up Required *Front Entrance* 4:00pm **Museum Comes to You w/Darby** Norman Rockwell *Laurel Room* 7:30pm **Movie Showing** The Squid and the Whale *Laurel Room*	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Stretch with Renee** *Laurel Room* 11:00am **Catholic Mass** *Laurel Room* 12:00pm **Intermediate Bridge Lessons** *Living Room* 1:00pm **Seamstress** *Activities Room* 1:00pm **Food & Beverage Committee** *Laurel Room* 2:00pm **Open Games** *Living Room* 2:30pm **Beginner Bridge Lessons** *Living Room* 3:00pm **Afternoon Tea** *Garden Grille* 3:30pm **Trivia Challenge** *Laurel Room*	8:30am **Water Aerobics with Dana** *Pool* 9:30am **Arthritis Mobility with Linda** *Laurel Room* 11:00am **Protestant Service w/Rev. Justin Crisp** *Card Room* 12:00pm **Gather at the Grille** *Garden Grille* 1:00pm **Associates Appreciation Committee** *Board Room* 1:00pm **Mahjong** *Card Room* 2:00pm **Armchair Travels (France)** *Laurel Room* 4:00pm **Melody Men Concert & Reception** *Laurel Room* 7:00pm **Poker Night** *Card Room* 7:30pm **Movie Showing** A Walk in the Woods *Laurel Room*	8:30am **Water Aerobics with Dana** *Pool* 9:30am **Sit and Tone with Renee** *Laurel Room* 11:15am **Yoga** *Laurel Room* 11:30am **Scrabble & Backgammon** *Activities Room* 3:00pm **Knitting Circle** *Activities Room* 4:00pm **Happy Hour** *Living Room*	9:30am **Sit and Tone with Denise** *Laurel Room* 1:30pm **Bingo** *Activities Room* 3:00pm **Movie Showing** The Accountant *Laurel Room* 7:30pm **Singer & Guitarist Suzanne Sheridan** *Laurel Room*

Fun Fact (Provided by the Welcoming Committee)

You can arrange to have a small gathering in your apartment catered by Edgehill. Talk with either Jeya Shankar or Dennys Matias.

Health Clues

Your body's ablity to burn calories is more than twice as high earlier in the day than it is later. Consuming more calories at breakfast versus dinner may have a beneficial effect on weight management.

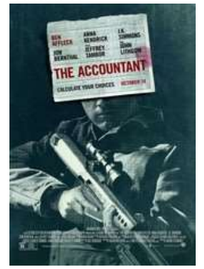
Managers On Duty

Independent Living			
1-Nov	Albert Soe	phone	(203)-595-2417
7-Nov	Bryan Sy		(203)-595-2311
Health Center			
1-Nov	Renata Budnik	phone	(203)-595-2405
7-Nov	Johnny Castro		(203)-595-2400

EDGEHILL
A Benchmark Lifecare Community

Movies & Showtimes

November 1st to November 7th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 1st	**November 2nd**	**November 3rd**	**November 4th**	**November 5th**	**November 6th**	**November 7th**
3:00pm **Movie Showing** Swept Away..by an Unusual Destiny in the Blue Sea of August Comedy 1h 54m (1975) Rated-R **Set against the backdrop of the beautiful Mediterranean, Swept Away is Lina Wertmuller's most famous and controversial film about sex, love, and politics. On an elegant yacht cruising off the coast of Sardinia, Raffaella (Mariangela Melato), a rich and stunning capitalist, enjoys tormenting Gennarino (Giancarlo Giannini), a Communist sailor. Fate weaves a different scenario, and roles become reversed when the two find themselves stranded together on a deserted island. Raffaella must submit to Gennarino in order to survive, which culminates in a dramatic climax when they are rescued. They must determine if their love can survive the harsh realities of civilization.**		7:30pm **Movie Showing** The Squid and the Whale Drama 1h 20m (2205) Rated-R **A pair of brothers living in Brooklyn are caught in the middle of, and deeply affected by, the divorce of their erudite parents, Bernard (Jeff Daniels) and Joan Berkman (Laura Linney). Older sibling Walt (Jesse Eisenberg) sides with dad and acts out at school, while younger brother Frank (Owen Kline) quietly backs up mom. The household tension rises further when Joan's writing career takes off and surpasses the failed ambitions of her professor ex-husband.**		7:30pm **Movie Showing** A Walk in the Woods Comedy/Drama 1h 44m (2015) Rated-R **Travel writer Bill Bryson (Robert Redford) takes a long-lost old friend (Nick Nolte) for a hike along the Appalachian Trail, which stretches more than 2,000 miles from Georgia to Maine.**		3:00pm **Movie Showing** The Accountant Action/Thriller 2h 7m (2016) Rated-R  **Christian Wolff (Ben Affleck) is a mathematics savant with more affinity for numbers than people. Using a small-town CPA office as a cover, he makes his living as a freelance accountant for dangerous criminal organizations. With a Treasury agent (J.K. Simmons) hot on his heels, Christian takes on a state-of-the-art robotics company as a legitimate client. As Wolff gets closer to the truth about a discrepancy that involves millions of dollars, the body count starts to rise.**