



Activities Calendar

October 11th to October 17th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 11th	October 12th	October 13th	October 14th	October 15th	October 16th	October 17th
3:00pm Movie Showing The Burial <i>Laurel Room</i>	8:30am Water Aerobics with Dana <i>Pool</i> 9:30am Sit and Tone with Renee <i>Laurel Room</i> 9:30am Resident Satisfaction Survey Help 9:30 AM- 2 PM <i>Tech Suite</i> 9:45am Executive Committee <i>Board Room</i> 11:00am Animal Intelligence Class *Sign-up Required <i>Laurel Room</i> 11:00am Social Action Committee <i>Card Room</i> 12:30pm Rummikub <i>Card Room</i> 1:00pm Meditation <i>Board Room</i> 1:30pm Open Games <i>Living Room</i> 3:00pm Ice Cream Social <i>Garden Grille</i> 3:00pm Associates Appreciation Fund Committee <i>Board Room</i> 4:00pm CT State Senator Patricia Billie Miller <i>Laurel Room</i> 7:30pm Gil Harel Opera Lecture La Traviata <i>Laurel Room</i>	8:30am Water Aerobics with Tamara <i>Pool</i> 9:30am Chair Pilates with Tamara <i>Laurel Room</i> 10:00am Legislative Committee <i>Board Room</i> 11:00am Hemingway Class *Sign-up Required <i>Laurel Room</i> 11:00am Welcoming Committee <i>Card Room</i> 11:15am Shopping Trip *Sign-up Required <i>Front Entrance</i> 3:00pm Bible Study w/Cydney Van Dyke Joshua 24:1-5 [16-26] <i>Card Room</i> 3:00pm Gardens & Grounds Committee <i>Activities Room</i> 4:00pm Attorney General William Tong <i>Laurel Room</i> 7:30pm Movie Showing Master Gardener <i>Laurel Room</i>	8:30am Water Aerobics with Tamara <i>Pool</i> 9:30am Stretch with Renee <i>Laurel Room</i> 11:00am Catholic Mass <i>Laurel Room</i> 12:00pm Health Committee <i>Laurel Room</i> 12:00pm Intermediate Bridge Lessons <i>Card Room</i> 1:00pm Seamstress <i>Activities Room</i> 2:00pm Open Games <i>Living Room</i> 2:00pm Library Committee <i>Library</i> 2:00pm Pianist Nicole Wang <i>Laurel Room</i> 2:30pm Beginner Bridge Lessons <i>Card Room</i> 3:00pm Afternoon Tea <i>Garden Grille</i> 3:00pm Ferguson Bookmobile <i>Front Entrance</i> 4:00pm Candidate Peter Lumaj For Secretary of the State <i>Laurel Room</i>	8:30am Water Aerobics with Tamara <i>Pool</i> 9:30am Arthritis Mobility with Tamara <i>Card Room</i> 10:30am Tech Class: Ridesharing *Signup-Required <i>Tech Suite</i> 11:00am Protestant Service w/Rev. Elly Kumar <i>Card Room</i> 11:00am Krikor Jewelry Repair <i>Activities Room</i> 12:00pm Gather at the Grille <i>Garden Grille</i> 1:00pm Mahjong <i>Card Room</i> 1:00pm Tech Class: Ridesharing *Signup-Required <i>Tech Suite</i> 4:00pm Billy Genuario Vocalist <i>Laurel Room</i> 7:00pm Poker Night <i>Card Room</i> 7:30pm Movie Showing A Funny Thing Happened on the Way to the Forum <i>Laurel Room</i>	8:30am Water Aerobics with Tamara <i>Pool</i> 9:30am Sit and Tone with Renee <i>Laurel Room</i> 11:15am Yoga <i>Laurel Room</i> 11:30am Scrabble & Backgammon <i>Activities Room</i> 2:00pm Cornhole <i>Laurel Room</i> 3:00pm Knitting Circle <i>Activities Room</i> 4:00pm Happy Hour <i>Living Room</i>	9:30am Sit and Tone with Renee <i>Laurel Room</i> 11:00am Bible Discussion w/Carolyn Fisher Phillipians <i>Card Room</i> 12:15pm Bingo <i>Activities Room</i> 1:45pm Opera Showing La Traviata <i>Laurel Room</i> 7:30pm Frederick Moyer Jazz Trio <i>Laurel Room</i>



Fun Fact (Provided by the Welcoming Committee)

Blood pressures can be taken by Sandra Buckle, Wellness Services Director, during her office hours (Monday-Thursday, 1-3 PM), no appointment needed.



Heath Fact

Sleep apnea is associated with a significantly increased risk of affective disorders such as Depression and Anxiety. Speak to your doctor if you have these symptoms.

Managers On Duty

Independent Living

11-Oct	Maureen Jennings	phone	(203)-595-2309
17-Oct	Dennys Matias		(203)-595-2342

Health Center

11-Oct	Joyce Malone	phone	(203)-595-2346
17-Oct	Bradley Burkart		(203)-595-2403

Movies & Showtimes

October 11th to October 17th

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
October 11th		October 12th		October 13th		October 14th		October 15th		October 16th		October 17th	
3:00pm	Movie Showing The Burial Drama 2h 6m (2023) Rated-R  Inspired by true events, when a handshake deal goes sour, funeral home owner Jeremiah O'Keefe (Academy Award® winner Tommy Lee Jones) enlists charismatic, smooth-talking attorney Willie E. Gary (Academy Award® winner Jamie Foxx) to save his family business. Tempers flare and laughter ensues as the unlikely pair bond while exposing corporate corruption and racial injustice in this inspirational, triumphant story.			7:30pm	Movie Showing Master Gardener Drama/Thriller 1h 47m (2023) Rated-R  Directed by Academy Award® nominee Paul Schrader based on his original screenplay, MASTER GARDENER follows Narvel Roth (award-winner Joel Edgerton), the meticulous horticulturist of Gracewood Gardens. He is as much devoted to tending the grounds of this beautiful and historic estate, to pandering to his employer, the wealthy dowager Mrs. Haverhill (three-time Academy Award® nominee Sigourney Weaver). When Mrs. Haverhill demands that he take on her wayward and troubled great-niece Maya (Quintessa Swindell) as a new apprentice, chaos enters Narvel's spartan existence, unlocking dark secrets from a buried, violent past that threaten them all.			7:30pm	Movie Showing A Funny Thing Happened on the Way to the Forum Musical/Comedy 1h 39m (1966)  Starring Zero Mostel, Jack Gilford, Phil Silvers, Buster Keaton, Michael Crawford, and Michael Hordern. This screen adaptation of the stage musical of the same name finds the Roman slave Pseudolus scheming his way to freedom by playing matchmaker for his master's son, Hero, who is smitten with the blonde and beautiful Philia. However, things don't go at all according to plan. The complications that ensue involve blackmail, funny disguises and long-lost children, while Pseudolus desperately tries to keep up with his end of the bargain.			1:45pm	Opera Showing La Traviata The MET HD 2h 23m (2022)  Since bursting onto the scene in 2009 as one of the youngest-ever winners of the Met's National Council Auditions, Nadine Sierra has risen to become one of her generation's most captivating artists and has had memorable star turns as some of the repertoire's most compelling heroines. This continued during the 2022-23 season when she took on another touchstone soprano role, the courtesan Violetta Valéry in Verdi's timeless tragedy La Traviata. In this performance, recorded as part of the company's Live in HD series, Sierra headlines Michael Mayer's vivid production, sharing the stage with tenor Stephen Costello as Violetta's ardent yet impetuous lover, Alfredo, and baritone Luca Salsi as his father, Giorgio Germont, whose unbending resolve dooms their life together. Milanese maestro Daniele Callegari takes the podium to lead Verdi's masterful score, which is simultaneously tuneful and heartbreaking.