EDGEHILL
A Benchmark Lifecare Community

Activities Calendar

November 8th to November 14th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 8th	**November 9th**	**November 10th**	**November 11th**	**November 12th**	**November 13th**	**November 14th**
3:00pm **Movie Showing** Flora and Son *Laurel Room* 2:20pm **Greenwich Symphony Orchestra** *Sign-up Required *Front Entrance*	8:30am **Water Aerobics with Dana** *Pool* 9:30am **Sit and Tone with Renee** *Laurel Room* 9:45am **Executive Committee** *Private Dining Room* 11:00am **Social Action Committee** *Card Room* 12:30pm **Rummikub** *Card Room* 1:00pm **Meditation** *Private Dining Room* 1:30pm **Open Games** *Living Room* 2:00pm **Great Courses: History of Money** Fall of Rome & Early Medieval Era *Laurel Room* 3:00pm **Ice Cream Social** *Garden Grille* 4:30pm **Trivia Winners Cocktail Party** *By Invitation *Living Room* 7:30pm **Gil Harel Opera Lecture** La Cenerentola *Laurel Room*	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Chair Pilates with Tamara** *Laurel Room* 10:00am **Legislative Committee** *Board Room* 10:30am **Holiday Boutique Shopping** *Living Room* 11:00am **Welcoming Committee** *Card Room* 11:15am **Shopping Trip** *Sign-up Required *Front Entrance* 3:00pm **Bible Study w/Cydney Van Dyke** Micah [1:3-5]; 5:2-5n; 6:6-8 *Card Room* 3:00pm **Gardens & Grounds Committee** *Activities Room* 4:00pm **Building One Community with General William Tong** *Laurel Room* 7:30pm **Movie Showing** Escape from Berlin *Laurel Room*	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Stretch with Renee** *Laurel Room* 11:00am **Catholic Mass** *Laurel Room* 11:00am **Activities Committe** *Activities Room* 12:00pm **Health Committee** *Laurel Room* 12:00pm **Intermediate Bridge Lessons** *Card Room* 12:00pm **Veterans Day Lunch** *By Invitation *Main Dining Room* 1:00pm **Seamstress** *Activities Room* 2:00pm **Open Games** *Living Room* 2:00pm **Library Committee** *Library* 2:30pm **Beginner Bridge Lessons** *Card Room* 3:00pm **Sing-Along with Bea** with Pianist Nicole Wang *Laurel Room* 4:30pm **Fall Cocktail MIxer** *By Invitation *Living Room* 	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Arthritis Mobility with Tamara** *Laurel Room* 10:30am **Tech Class: Resident Portal** *Signup-Required *Tech Suite* 11:00am **Movie Committee** *Board Room* 11:00am **Protestant Service w/Rev. Mark Lingle** *Card Room* 1:00pm **Mahjong** *Card Room* 4:00pm **Mark Albertson History Lecture** The History of Veterans Day *Laurel Room* 7:00pm **Poker Night** *Card Room* 7:30pm **Movie Showing** Joy *Laurel Room*	8:30am **Water Aerobics with Tamara** *Pool* 9:30am **Sit and Tone with Renee** *Laurel Room* 11:00am **Gil Harel Music Appreciation** Beethoven to Mahler: Symphonic Evolution *Laurel Room* 11:15am **Yoga** *Card Room* 2:00pm **Shabbat** *Card Room* 3:00pm **Knitting Circle** *Activities Room* 4:00pm **Happy Hour** *Living Room*	9:30am **Sit and Tone with Renee** *Laurel Room* 11:00am **Bible Discussion w/Carolyn Fisher** The Gospel of Luke *Card Room* 12:15pm **Bingo** *Activities Room* 1:45pm **Opera Showing** La Cenerentola *Laurel Room* 7:30pm **Harpist Sarah Goss** *Laurel Room*

Fun Fact (Provided by the Welcoming Committee)

You can have your daily medications managed for you for a fee. See Wellness Director, Sandra Buckle.

Health Fact

Having healthy teeth, mouth & gums decreases your risk of gum disease, tooth decay & halitosis, but also major medical issues such as strokes and heart disease.

Managers On Duty

Independent Living			
8-Nov	Bryan Sy	phone	(203)-595-2311
14-Nov	Jeya Shankar		(203)-595-2345
Health Center			
8-Nov	Johnny Castro	phone	(203)-595-2400
14-Nov	Latrina Annosier		(203)-595-2331

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Movies & Showtimes

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November 8th	**November 9th**	**November 10th**	**November 11th**	**November 12th**	**November 13th**	**November 14th**
3:00pm **Movie Showing** Flora and Son Music/Comedy 1h 34m (2023) Rated-R  **Single mom Flora (Eve Hewson) is at a loss about what to do with her rebellious teenage son, Max (Orén Kinlan). Encouraged by the police to find Max a hobby, Flora tries to occupy him with a beat-up acoustic guitar. With the help of a washed-up LA musician (Joseph Gordon-Levitt), Flora and Max discover the transformative power of music. From the musical mind of John Carney, "Flora and Son" explores the bond between a mother and son on a journey toward a new harmony.**		7:30pm **Movie Showing** Escape from Berlin  **Walter Joelson was one of thousands of Holocaust survivors interviewed. In this edited tape, his compelling story describes his life before and after Hitler, and his experiences as he avoided being caught and sent to an extermination camp. The purpose of the SHOAH FOUNDATION'S witness program is to guarantee that future generations never forget the lessons of the Holocaust, in the hope that such a tragedy will never happen again.**		7:30pm **Movie Showing** Joy Comedy/Drama 2h 3m (2015) PG-13  **A story of a family across four generations, centered on the girl who becomes the woman (Jennifer Lawrence) who founds a business dynasty and becomes a matriarch in her own right. Facing betrayal, treachery, the loss of innocence, and the scars of love, Joy becomes a true boss of family and enterprise. Allies become adversaries and adversaries become allies, both inside and outside the family, as Joy's inner life and fierce imagination carry her through the storm she faces.**		1:45pm **Opera Showing** La Cenerentola The MET HD 2h 52m (2014)  **Rossini's charming take on the Cinderella story features a brilliant cast, led by bel canto stars Joyce DiDonato in the title role and Juan Diego Flórez as her Prince Charming. Alessandro Corbelli delivers a comic tour de force as Don Magnifico, Cinderella's stepfather. Pietro Spagnoli is Dandini, the Prince's valet, who, disguised as his master, puts the prospective brides to the text, and Luca Pisaroni is the philosopher Alidoro, who takes the place of the fairy godmother. Met Principal Conductor Fabio Luisi leads Cesare Lievi's whimsical production.**